

Senator Robach's Community Connection



April 21, 2013

Out and About Upcoming Events

On Tuesday, April 23rd, The Gates-Chili Chamber of Commerce will hold its 28th Annual Community Awards Dinner Gala. This year's event is at the Diplomat Party House, 1956 Lyell Avenue, from 5:30 until 8:30 p.m.

Wednesday, April 24th, El Pilon Criollo Take Out and Catering, 969 N. Clinton Avenue, will celebrate their grand opening with a ribbon cutting ceremony from 1:30 until 2:00 p.m.

The Greece Chamber of Commerce will hold its annual awards dinner on Thursday, April 25th at the Rochester Marriott Hotel from 6:00 until 9:00 p.m.

Friday, April 26th, Energy on East will hold its grand opening celebration from 10:00 until 10:30 a.m. Energy on East is located at 320 East Avenue.

It's Opening Day for Greece Little League on Saturday, April 27th. Ceremonies to mark the 60th season of Greece Little League begin at 9:15 a.m. at the Complex on Latta Road.

Think Pink This Mother's Day

In honor of Mother's Day, which is coming up on Sunday, May 12th, I am urging women over the age of 40 to get screened for breast cancer.

Some information about screenings from the Breast Cancer Coalition of Rochester:

- Yearly mammograms are recommended starting at age 40 and continuing for as long as a woman is in good health,
- Clinical breast exam (CBE) about every 3 years for women in their 20s and 30s and every year for women 40 and over,
- Women should know how their breasts normally look and feel and report any breast change promptly to their health care provider. Breast self-exam (BSE) is an option for women starting in their 20s.

For more information, visit my website.

Naiades Oncology Rowing Launches New Boat

Recently, I had the privilege to speak at a ceremony hosted by Naiades Oncology Rowing to launch their newest boat. The group is a rowing organization started to help women who have staged the courageous and tough fight against cancer, or who are currently undergoing treatment and are fighting the terrible disease. Their newest boat is named 'Spirit'. For more pictures from this great event, and others over the past week, visit my Facebook page.



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