

## 2023-K479

Assembly Resolution No. 479

BY: M. of A. Palmesano

CONGRATULATING Jack Gregorski upon the occasion of capturing the NYSPHSAA Division I Outdoor Track Championship in the 3200 Meter Run on June 11, 2022

WHEREAS, Individual and team championships are highly sought after in high school sports; this Legislative Body commends rare athletic achievements and pays special recognition to those who pursue such excellence and become examples for the youth of this great Empire State; and

WHEREAS, Athletic competition helps to enhance both the moral and physical development of young athletes, preparing them for the future by instilling in them the importance of teamwork, encouraging a standard of healthy living, and developing a sense of fair play and competition; and

WHEREAS, This Legislative Body is justly proud to congratulate Jack Gregorski upon the occasion of capturing the NYSPHSAA Outdoor Track Championship in the 3200 Meter Run on Saturday, June 11, 2022, at Cicero North High School in Cicero, New York; and

WHEREAS, To the praise and applause of his excited fans, Jack Gregorski placed 1st for the Division I Public School athletes in the 3200 Meter Run; his time of 8:53.92 is a new school and Section 4 record in the event; and

WHEREAS, Jack Gregorski's time also qualified him for the 5000 meter run at the New Balance Outdoor Nationals held June 16-19, 2022, at Franklin Field in Philadelphia, Pennsylvania; and

WHEREAS, Finishing 3rd with a time of 14:34.78, Jack Gregorski broke a new school record and Section 4 record for the 5k; he was also awarded All-American Honors as a result of his top six finish; and

WHEREAS, In a sport such as long distance running, which demands stamina, speed and determination, Head Coach Joe Melanson and Assistant Coaches Tom Ketchum, Ray Lawson, and Kale Wilcox worked hard to hone the skills of this champion, teaching this outstanding athlete lessons which will prove invaluable both on and off the track; and

WHEREAS, Proudly donning the school's colors of black and gold, his family, friends, and the community at large loyally and enthusiastically supported Jack Gregorski throughout his journey as he ended his season with an impressive overall record; and

WHEREAS, Sports competition instills the values of teamwork, pride and accomplishment, and Jack Gregorski has clearly made a contribution to the spirit of excellence which is a tradition of his school; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to congratulate Jack Gregorski upon the occasion of capturing the NYSPHSAA Division I Outdoor Track Championship in the 3200 Meter Run on June 11, 2022; and be it further

RESOLVED, That copies of this Resolution, suitably engrossed, be transmitted to Jack Gregorski, Head Coach Joe Melanson and Assistant

Coaches Tom Ketchum, Ray Lawson, and Kale Wilcox.