



NEW YORK STATE SENATOR

Mark Walczyk

Senator Walczyk Co-Sponsors Legislation to Establish Daylight Savings Time As Standard Time For New York State

MARK WALCZYK November 3, 2023

| ISSUE: **DAYLIGHT SAVINGS**



The fact of changing our clocks to appease the outdated practice of Daylight Savings Time is approaching this weekend. The time of year where we must dial our clocks back an hour and go through the transition of what feels to be a different schedule. On-site work incidents, health complications, car accidents, and more negative occurrences have been attributed to the changing of the clocks. Senator Walczyk co-sponsors legislation to end this unnecessary practice.

[S1929 from Senator Griffo](#), establishes daylight saving time as the year-round standard time of the State and City of New York. According to UT Southwestern Medical Center, the changing of the clocks has significant health impacts. Transitioning to Daylight Saving Time is a major factor for seasonal depression, sleeplessness, heart attacks, and strokes. [A recent study](#) shows that the Spring DST transition acutely increases fatal traffic accidents by 6% and approximately 28 fatal accidents can be prevented if Daylight Savings Time was abolished. Senator Walczyk commends Senator Joe Griffo for enacting this bill and is proud to join him as a co-sponsor.

“Not only is Daylight Savings Time inconvenient, it’s downright unsafe and puts the health of New Yorkers at unnecessary risk. New York needs to join the other 60% of countries across the world and follow standard time all year long.”

Senator Mark Walczyk represents the 49th Senate District, which includes the entire counties of Jefferson, Lewis, Hamilton and Fulton. As well as parts of Oswego, St. Lawrence, and Herkimer counties. Sign up for exclusive updates from the Senator via his weekly newsletter by clicking [HERE](#) or by emailing walczyk@nysenate.gov.

RELATED LEGISLATION

2023-S1929

-
- Introduced

- ○ In Committee Assembly
 - In Committee Senate
- ○ On Floor Calendar Assembly
 - On Floor Calendar Senate
- ○ Passed Assembly
 - Passed Senate
- Delivered to Governor
- Signed By Governor
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Establishes daylight saving time as the year-round standard time of the state and the city of New York

January 17, 2023

In Senate Committee [Judiciary](#)

Sponsored by [Joseph A. Griffo](#)

Do you support this bill?