

## 2023-K2405

Assembly Resolution No. 2405

BY: M. of A. Rules (Ra)

MEMORIALIZING Governor Kathy Hochul to proclaim June 5, 2024, as Global Running Day in the State of New York

WHEREAS, It is the sense of this Legislative Body to acknowledge days which promote healthy living and exercise; and

WHEREAS, Attendant to such concern, and in full accord with its long-standing traditions, this Legislative Body is justly proud to memorialize Governor Kathy Hochul to proclaim June 5, 2024, as Global Running Day in the State of New York; and

WHEREAS, The observance of a National Day for Running began on June 3, 2009; since its inception, the day has been held on the first Wednesday of June; in 2019, the day changed to Global Running Day; and

WHEREAS, Global Running Day is a national initiative of the major organizations within the running industry to promote running as a healthy, easy, and accessible form of exercise; and

WHEREAS, From New York to San Diego, the day will celebrate the benefits of running as part of a healthy and active lifestyle aimed at combating some of today's most pressing health issues; and

WHEREAS, Individuals from the State of New York can participate in

Global Running Day by simply getting out and running; whether it is with a group or alone, Global Running Day is the perfect time to start fresh with new fitness goals; and

WHEREAS, It is fitting to set aside days which encourage a healthy lifestyle and, in doing so, enhance the health and welfare of the entire State of New York; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim June 5, 2024, as Global Running Day in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.