

2013-J3866

LEGISLATIVE RESOLUTION memorializing Governor Andrew M. Cuomo to proclaim March 2014 as Nutrition Month in the State of New York, and Wednesday, March 12, 2014, as Registered Dietitian Nutritionist Day, in conjunction with the observance of National Nutrition Month

WHEREAS, Nearly one in five children are diagnosed as obese annually at or before they reach two years of age according to the Center for Disease Control and it is at that stage of life that a child is learning the type of food and how much food to consume; and

WHEREAS, Childhood obesity is a national epidemic that has almost tripled since the 1980s in the United States; and

WHEREAS, Obesity accounts for more than 300,000 deaths per year and the annual cost to society for obesity is an estimated \$100 billion according to the Center for Disease Control; and

WHEREAS, Good Nutrition is a part of leading a healthy lifestyle; early intervention can help detect the magnitude of a child's obesity and minimize the occurrence of diseases such as Type II Diabetes which increase the risk of heart disease, eye complications, and kidney conditions; and

WHEREAS, Registered Dietitian Nutritionists are food and nutrition experts who can translate the science of nutrition into practical solutions for healthy living; reaching and maintaining a healthier weight contributes to your overall health and well-being; and

WHEREAS, Registered Dietitian Nutritionists use their nutrition expertise to help individuals make unique, positive lifestyle changes; including fruits and vegetables packed with vitamins, minerals and fiber is a great way to build a healthy plate; and

WHEREAS, Registered Dietitian Nutritionists have degrees in nutrition, dietetics, public health or a related field from well-respected, accred-

ited colleges and universities, completed an internship and passed an examination; these outstanding individuals work throughout the community in hospitals, schools, public health clinics, nursing homes, fitness centers, food management, food industry, universities and research and private practice; and

WHEREAS, The month of March is National Nutrition Month and consists of a campaign which focuses on the importance of helping children and teens make healthy food choices and promote physical activity; all New Yorkers should learn more about nutrition care and its benefits to good health; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Andrew M. Cuomo to proclaim March 2014 as Nutrition Month in the State of New York, and Wednesday, March 12, 2014, as Registered Dietitian Nutritionist Day, in conjunction with the observance of National Nutrition Month; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Andrew M. Cuomo, Governor of the State of New York.