

## 2015-K688

LEGISLATIVE RESOLUTION memorializing Governor Andrew M. Cuomo to proclaim June 10, 2015, as Post-Traumatic Stress Disorder Awareness Day in the State of New York

WHEREAS, In 2010 and every year since, the United States Congress has designated June 10th as PTSD (Post-Traumatic Stress Disorder) Awareness Day; and

WHEREAS, According to the United States Department of Veterans Affairs, the purpose of PTSD Awareness Day is to raise public awareness of PTSD and effective treatments to help people affected by PTSD; and

WHEREAS, According to studies by the Rand Institute, at least 20% of Iraq and Afghanistan veterans suffer from PTSD and/or depression; and

WHEREAS, According to the Rand Institute, PTSD can have far-reaching and damaging consequences if left untreated and put those afflicted at higher risks for other psychological problems, homelessness and suicide; and

WHEREAS, According to the Rand Institute, people afflicted with PTSD have higher rates of unhealthy behaviors that can impair relationships, disrupt marriages, aggravate the difficulties of parenting, and cause problems in children that may extend the consequences of combat trauma across generations; and

WHEREAS, According to the Rand Institute, the symptoms of PTSD often do not appear for months or years after military deployment, thus many veterans go undiagnosed for long periods of time; and

WHEREAS, According to the Rand Institute, 50% of those with PTSD do not seek treatment and only half of those get adequate treatment; and

WHEREAS, According to the National Center for PTSD, women in the military are increasingly likely to develop PTSD because a growing number of them are being exposed to combat and are at higher risk of sexual

assault than men; and

WHEREAS, According to the National Center for PTSD, greater public awareness of PTSD will reduce social stigma and encourage many veterans and others to seek the treatment they need; and

WHEREAS, Many other localities throughout the nation designate various days in June and the month itself for PTSD awareness; and

WHEREAS, According to the United States Department of Veterans Affairs, more than 200,000 veterans reside in New York City; and

WHEREAS, This Legislative Body is greatly concerned with the health of all New Yorkers who suffer from PTSD, including veterans; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Andrew M. Cuomo to proclaim June 10, 2015, as Post-Traumatic Stress Disorder Awareness Day in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Governor Andrew M. Cuomo, Governor of the State of New York.