



NEW YORK STATE SENATOR

Catharine Young

## Senator Young Announces Annual Mother's Day Mammography Campaign

CATHARINE YOUNG May 1, 2006

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State Senator Catharine "Cathy" Young (R,I,C Olean) has joined the campaign to encourage women to get annual mammograms. She joined other legislators, television and print media in announcing that Mother's Day will be the jumping off point for this annual campaign to combat breast cancer.

"This is such an important program for all women to take part in. Experts say that early detection is the best tool we have to fight breast cancer. Many women are afraid to get a mammogram to see if they may have breast cancer, even though approximately 95% turn out to be normal."

For more information and to locate an accredited mammography facility nearby, call the Adelphi New York Statewide Breast Cancer Hotline and Support Program at 1-800-877-8077. Callers can also get emotional support from the hotline's specially trained volunteers, most

of whom are women who have had breast cancer. The web site is [www.adelphi.edu/nysbreastcancer](http://www.adelphi.edu/nysbreastcancer).

Questions can be about:

Early detection Insurance coverage related to breast cancer

Mammography Locating convenient support groups

Second opinions Breast reconstruction

Finding an appropriate physician Concerns about recurrences

Dealing with side effects of treatment Anything concerning you about breast cancer

Understanding choices about medical treatment

The hotline has been in existence for over 24 years. It is a project of the Adelphi University School of Social Work and is funded by the New York State Legislature and Department of Health. All services are free. Help is just a phone call away. If you're concerned about breast cancer, call the hotline.