



NEW YORK STATE SENATOR

Hugh T. Farley

Senator Farley Announces Fun Family Activity Slated for Local School Break on April 9th

HUGH T. FARLEY March 31, 2010



State Senator Hugh T. Farley (R, C, I - Schenectady) and the Catholic Charities Family Resource and Support Center staff are partnering once again to host a free Community and Family Wellness Day on Friday, April 9th, from 10 a.m. to 3 p.m. at the Riverfront Center, Amsterdam. The event will include a variety of activities for all ages ranging from newborns to senior citizens.

"We decided to put the event on a day when families were off from school. Many seniors walk in the Riverfront Center in the mornings and they can also stay after their exercise for this fun activity," Senator Farley said.

St. Mary's Hospital and Montgomery County Public Health will offer free lead screenings for children under age 18. Free blood pressure screenings will also be available. The Montgomery County Sheriff's Office will also be on hand to do Safe Kids Identifications.

In addition, the event will be host to a variety of exciting activities including: Senior Aerobics Class sponsored by the Amsterdam Family YMCA; free gymnastic, dance and jump rope clinics sponsored by Twist N Flip; Melvin the Magnificent Magic Show and Balloon Art sponsored by Hero Beech-Nut; The Catskill Puppet Theater, sponsored by Teens Against Gambling; free RockBand and Dance Dance Revolution Contests sponsored by Reality Check; and special visits from the Fidelesaurus and "MoJo" the Amsterdam Mohawks Mascot.

The event will include numerous community agencies and programs providing access to information on topics including child care, WIC, health insurance, mediation, job readiness and placement, parenting and special education needs, mental health, food stamps, legal services, geriatric issues including healthy living, home health support and Alzheimer's Disease.

For more information about the event, please contact Senator Farley's Amsterdam District Office at 843-2188, or Amy Courtoies, Catholic Charities Family Resource and Support Center Director, at 842-4202 ext. 3132.

The list of participants includes:

Child/Family Based Programs

- * Children's Mental Health Clinic
- * Child Care Coordinating Council
- * Prevent Child Abuse New York
- * Reality Check
- * Tobacco Free Schools Program
- * Teens Against Gambling (TAG)
- * Mental Health Association Family Support Program
- * CASA (Court Appointed Special Advocate)
- * WMHT
- * TWIST N FLIP Gymnastics
- * Fulmont Community Action Agency HeadStart Program
- * Fulmont Community Action Agency WIC Program
- * KidsPeace
- * Doodles the Clown
- * The Family Counseling Center

- * Girl Scouts
- * Montgomery County Early Intervention Services
- * Northeast Parent & Child Society
- * The Family Room
- * Pediatric Asthma Coalition of the Capital Region
- * Magic Show by Melvin the Magnificent
- * Puppet Show sponsored by TAG

Senior Based Programs

- * Arthritis Foundation
- * Montgomery County Office for Aging
- * Fulton County Office for the Aging
- * Amsterdam Low-Vision Support Group
- * The Inman Center
- * The Alzheimer's Association
- * Home Healthcare Partners
- * EPIC

* Senior Whole Health

* Senior Aerobics sponsored by Amsterdam Family YMCA

Community Based Programs

* Fidelis

* St. Mary's Hospital

* Montgomery County Public Health

* Liberty

* Community Hospice

* Fulton County Public Health

* MVP

* Schenectady County Action Program - Project LIFT

* GAVAC

* Legal Aid Society

* Project Action

* Fulmont Community Action Agency

* Montgomery County Domestic Violence and Crime Victims Board Programs

- * Tri-County Mediation
- * Child Health Plus/Family Health Plus
- * Resource Center for Independent Living
- * National Alliance for the Mentally Ill
- * Hispanic Outreach Services
- * Creative Healing Connection
- * Amsterdam Family YMCA
- * Asthma Coalition
- * Capital Region Action Against Breast Cancer!
- * NYSERDA
- * North East 211
- * Beech-Nut
- * CDPHP
- * Cornell Cooperative Extension of Fulton and Montgomery Counties
- * Workforce Solutions Center
- * Amsterdam Mohawks
- * HFM Prevention Council

* Amsterdam Literacy Zone

* Centro Civico

* Just Say Yes to Fruits and Veggies

* Montgomery County Sheriff's Office

* Cancer Services

* Catholic Charities AIDS Services

* Red Ribbon Partnership

View Senator Farley's Public Service Announcement about this event by clicking [here](#).