



NEW YORK STATE SENATOR

Mark Grisanti

## Free Healthy Heart Awareness Seminar Sunday Feb. 27th

MARK GRISANTI February 22, 2011

| ISSUE: **HEALTH**



This Sunday, February 27th, from Noon until 2:00 pm, you can join State Senator Mark Grisanti along with Terrie and her staff (Shown above) at:

Terrie's Workout Center,

1473 Hertel Ave.

Buffalo NY 14216

716 - 833 - 6529

[www.workoutatterries.com](http://www.workoutatterries.com)

You will get free Health Tips on: weight training, stress management boxing, pilates, stretching and yoga for a healthier and stronger heart. Special Health Bags and information will be provided by Univera Health.

**The Event Is Free & Open To The Public.**