



NEW YORK STATE SENATOR

Neil D. Breslin

## Senator Breslin Reminds us that March is Women's History Month

NEIL D. BRESLIN March 14, 2011

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(Albany, NY) Senator Neil D. Breslin (D- Delmar) notes the month of March is Women's History Month. This is a great opportunity to reflect not only on how women have shaped our society, government, culture and all aspects of our lives, but also the inequalities that remain, particularly the absence of equal pay for equal work.

National Women's History Month has been officially celebrated in the month of March since 1987. March is a great opportunity to volunteer and help women in the community, particularly women working to get back on their feet after incidences of domestic violence, and the mothers who are homeless and struggling to provide for their children as a result of the economy.

"New York has played a proud role in women's history, and now we must continue to lead the way for a brighter future. The legacy of equality and justice passed down from our mothers and grandmothers to us is the obligation for continued progress we owe to our daughters and granddaughters" said Senator Breslin.

New York was home to Eleanor Roosevelt, Elizabeth Cady Stanton, Susan B. Anthony and

Shirley Chisholm; today, two justices of the United States Supreme Court, Sonia Sotomayor and Elena Kagan hail from New York, as well as Secretary of State Hillary Clinton.

Senator Breslin encourages all New Yorkers to reflect on our history this month, rededicate ourselves to fairness and equality for all, and volunteer in a way that helps women in our community. In the Capital Region there are many organizations which help women succeed. One example is the Women's Employment and Resource Center (WERC) which offers women in our community assistance to find employment through a variety of training programs. One of these programs is the ambassador program: the student is paired up with a professional to provide them guidance and coaching to strengthen her networking and public speaking skills. There are many other organizations which provide assistance to women in the capital region and are also a great place to volunteer, some of these include:

- Equinox
- Planned Parenthood
- Capital Region Women's Bar Association
- Capital Region Action Against Breast Cancer
- Community Cradle
- Girl's Inc
- Women's Club of Albany

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