



NEW YORK STATE SENATOR

Hugh T. Farley

Senator Farley Announces Community Health Fair Slated for April 19th

HUGH T. FARLEY April 1, 2011

| ISSUE: **HEALTH**

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State Senator Hugh T. Farley (R, C, I - Schenectady) will be co-hosting his annual health fair with Catholic Charities Family Room on Tuesday, April 19th, from 10 a.m. to 2 p.m., at the upper level of the Riverfront Center, Amsterdam.

"Called the Community Wellness Day, this event has always been successful in delivering information on services that local agencies provide to the public," Senator Farley said. The health fair is geared towards people of all ages and is set during the break week for local schools so families can participate.

Those unable to attend can call Senator Farley's Amsterdam District Office at 843-2188 to obtain brochures. A list of helpful websites you may want to visit for healthy information is listed below.

Three government websites offer extensive information on a wide variety of topics, ranging from materials on healthy lifestyles to information on specific types of diseases.

For the NYS Health Department, visit <http://www.health.ny.gov/prevention/>

For the National Institutes of Health, visit <http://www.health.nih.gov/>

For the Centers for Disease Control, visit <http://www.cdc.gov/HealthyLiving/>

Information on Blood Pressure can be found at

<http://www.americanheart.org/presenter.jhtml?identifier=4473>

Information on Diabetes can be found at <http://www.diabetes.org/>

Information on cancer-related issues can be found at the American Cancer Society at

<http://www.cancer.org/>

For information on arthritis, visit the Arthritis Foundation at <http://www.arthritis.org/>

For summer and heat-related illnesses, visit

<http://womenshealth.about.com/od/commonhealthissues/a/staycoolsummer.htm>

For more information on Lyme Disease, visit <http://www.mayoclinic.com/health/lyme-disease/DS00116>

Rabies is a concern for this time of year. For more information, visit http://kidshealth.org/parent/infections/bacterial_viral/rabies.html

For fire safety information, visit <http://www.firesafety.gov/>

Senator Farley's office has available a variety of printed brochures on health-related topics. Pick from the list below of what interests you and call Senator Farley's Amsterdam District Office for free copies at (518) 843-2188.

- * Safety Tips for Seniors: Prevent Falls
- * Walk Aware: Pedestrian Safety Tips for Older Adults
- * Focus on Wellness: Facts About Heart Disease
- * Setting Your Course: What Older Adults Should Know About Health Care Choices
- * Have Fun. Stay Fit! The New York State Senate Youth Fitness Campaign
- * Keeping Your Kids Safe
- * Know the Facts About Lyme Disease and Other Tick-Borne Illnesses
- * A Parent's Guide: Protecting Your Child from Lead Poisoning
- * Household Hazardous Waste: Alternatives for and Responsible Disposal of Household Hazardous Wastes
- * Congenital Hypothyroidism

- * Aware Prepare -- a brochure from the Health Department on preparing for disasters
- * Rabies: What to Do if Bitten
- * West Nile Virus: Fight the Bite
- * This Is How Germs Spread ... It's Sickening
- * Dental Sealants
- * Have You Planned Your Great Escape? (fire safety)
- * Home Safe Home
- * Can Your Home Pass the Sheriff's 4 Minute Test?

Agencies that are participating in 2011 Community Wellness Day include:

Senator Farley's Office

The Family Room

Catholic Charities Prevention Education

Teens Against Gambling

Hispanic Outreach Services

Project Action of Hamilton, Fulton & Montgomery Counties

St. Mary's Hospital

CASA (Court Appointed Special Advocates)

Tri-County Mediation

Reality Check of Hamilton, Fulton & Montgomery Counties

HFM Prevention Council

Fulmont Community Action Agency - WIC (Women, Infants, and Children)

Fulmont Community Action Agency - Wheels to Work

HealthLink Littauer

Montgomery County Domestic Violence Services

Montgomery County Nursing Services

Montgomery County Public Health

Montgomery County Office for the Aging

Home Health Care Partners

Listener's Choice

Fidelis Care

MVP

CDPHP

Child Health Plus

Fulton County Public Health

Fulton County Office for the Aging

Community Health Center

Turning Point

The Family Counseling Center

Fulton - Montgomery Counties Suicide Prevention Task Force

Cancer Services Program of Fulton & Montgomery Counties

Girl Scouts of Northeastern New York

AAA Northway

Red Ribbon Partnership

New York Oncology Hematology

The Community Hospice

National Grid

Aids Council

American Cancer Society

Cornell Cooperative Extension of Fulton & Montgomery Counties

4-H

Northeast Parent & Child Society

Parent to Parent of NYS

NYS Comptroller's Office

United HealthCare

Doodles the Clown

AVON

Amsterdam Free Library

NAMI

Veterans Services of Montgomery County

Gentiva Health Care

Primerica

MoJo, Amsterdam Mohawk baseball team's mascot

New York State Troopers

Suicide Prevention oCenter of New York

Ortho Medical Products

New Deminsions inHealth Care

GAVAC

Bryant & Stratton College