

NEW YORK STATE SENATOR

Community Connection for Week Ending Sunday, April 21st

JOSEPH E. ROBACH April 19, 2013

Some information about screenings from the Breast Cancer **Coalition of Rochester:**

- Yearly mammograms are recommended starting at age 40 and continuing for as long as a woman is in good health,
- Clinical breast exam (CBE) about every 3 years for women in their 20s and 30s and every year for women 40 and over,
- Women should know how their breasts normally look and feel and report any breast change promptly to their health care provider. Breast self -exam (BSE) is an option for women starting in their 20s.

For more information, visit my website.

from 5:30 until 8:30 p.m.

Wednesday, April 24th, El Pilon Criollo Take Out and Catering, 969 N. Clinton Avenue, will celebrate their grand opening with a ribbon cutting ceremony from 1:30 until 2:00 p.m.

The Greece Chamber of Commerce will hold its annual awards dinner on Thursday, April 25th at the **Rochester Marriott Hotel from** 6:00 until 9:00 p.m.

Naiades Oncology **Rowing Launches** New Boat Recently, I had the

Friday, April 26th, Energy on East will hold its grand opening celebration from 10:00 until 10:30 a.m. Energy

In this week's Community Connection: Senator Robach urges you to think pink in honor of

Mother's Day; upcoming events around the area; and the Naiades Oncology Rowing Group

Launches a new boat. Click the link below to read this week's Community Connection in fullscreen view.