



NEW YORK STATE SENATOR

Joseph E. Robach

## 6th Annual Women's Wellness Fair

JOSEPH E. ROBACH September 24, 2013

Senator Joe Robach pleased to announce that his 6th annual Women's Wellness Fair is scheduled for Saturday, September 28, 2013 from 10:00 a.m. – 2:00 p.m. at the Mall at Greece Ridge Center. Please use Entrance #9, located between Marshalls and the Food Court entrance, when arriving.

The Women's Wellness Fair will once again feature free blood pressure and cholesterol checks, chiropractic information, financial information, childcare information, fitness demonstrations and much more!

For those of you with children, Child Care Council, Inc. will be there with their Kid Zone, which offers free activities and health information for children of all ages. Other exciting additions to this year's Women's Wellness Fair include a Zumba demonstration by Kraze Fitness and yoga demonstrations by Breathe Yoga.

New to the Wellness Fair this year, we will be giving out free gift bags for the first 100 attendees. These gift bags include free products like hand sanitizer and reusable grocery bags, as well as coupons, refrigerator magnets and other healthcare related items.

The American Red Cross will also be holding a blood drive throughout the duration of the Women's Wellness Fair. Appointments can be made by calling 1-800-RED CROSS, however

walk-ins are always welcome. If you would like to donate, you must bring a photo-ID. Please contact the American Red Cross with any other questions at 1-800-Red Cross or visit their website at [www.redcrossblood.org](http://www.redcrossblood.org).

**Participating Vendors:**

Rochester Hearing & Speech Center

Rochester Sports Nutrition

IWS Medical Massage

Erna's Hope

Elizabeth Wende Breast Cancer LLC

Volunteers of America

Rochester Eye & Tissue Bank/ Finger Lakes Donor Recovery Network

RAC for Women

National Kidney Foundation

NAMI Rochester

doTERRA Essential Oils

Alternatives for Battered Women

HCR Home Care

Vemma

Canandaigua/Rochester VA

Tastefully Simple

Resolve of Greater Rochester

Breast Cancer Coalition of Rochester

WellCare

NYS Health Department, Bureau of HIV/STD Field Services Program

Coalition to Prevent Lead Poisoning

Mary Kay Cosmetics

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Fleet Feet Sports Rochester

Center for Community Health

Highland Breast Imaging

American Heart Association

Perinatal Network of Monroe County

Child Care Council, Inc.

Made the Same, Inc

Energy on East

Sage Ruddy & Co., Inc.

Unity Health System

Homeopathy & Natural Alternatives

American Red Cross Greater Rochester Chapter

YWCA Rochester

Kraze Fitness

Gilda's Club Rochester

Pancreatic Cancer Association of WNY

breathe yoga

United Healthcare

O'Dell Family Chiropractic

Legal Assistance of WNY, Inc.

YourCare Medical Supply

Senator Joe Robach

Braces of Greece

Rochester Woman Magazine