



NEW YORK STATE SENATOR

Jose M. Serrano

## Senator Serrano Hosts Free Instructional Hands-Only CPR Class

JOSÉ M. SERRANO October 2, 2014

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(East Harlem, NY) - Senator Serrano hosted a free hands-only CPR training course in his district office for the community. The American Heart Association provided the Senator, his staff and constituents with an in-depth, informative class on this life-saving technique. The Senator's district office was transformed into a large classroom equipped with dummies for hands-on training. Sudden Cardiac Arrest is a leading cause of death in the U.S.- but when ordinary people are equipped with the skills to perform CPR, the survival rate can double, or even triple.

"I was happy to host this informational course led by the great people of the American Heart Association on the life-saving benefits of learning [CPR](#). My district office became an informal classroom where instructors taught us this important technique. Many thanks to the American Heart Association for providing this important service to my office and the community," said Senator Serrano.