



NEW YORK STATE SENATOR

Hugh T. Farley

## Senator Farley Reminds Bicyclists of the Rules of the Road; Highlights Some Local Trails That Are Enjoyable

HUGH T. FARLEY July 7, 2015



With many people enjoying the outdoors this summer, State Senator Hugh T. Farley (R, C, I - Schenectady) wants to remind bicyclists of the importance of bike safety.

"Many people have been enjoying the local trails such as Fulton County's F J & G Bike-Hike Trail, Schenectady County's Mohawk-Hudson Bike Hike Trail and the Town of Ballston's Veterans' Memorial Bike Path," Senator Farley said. "Whether you want to explore trails in one of our region's parks or ride in your own neighborhood, safety is something to always

consider."

Senator Farley reminds bicyclists that New York State law requires children under the age of 14 to wear helmets. Children ages 1 through 4 must wear helmets and ride in safety seats when they are passengers on bikes. The law also prohibits adults from carrying infants under age 1 as bicycle passengers, Senator Farley added. The basic traffic laws that apply to automobile drivers also apply to bicyclists. This includes stopping at red lights, stop signs or before entering a roadway. Ride as close to the right-hand edge or curb of the road as possible with the flow of traffic.

Senator Farley said cyclists, joggers and walkers have access to some great recreational trails in this area. To find nearby trails, visit <https://www.dot.ny.gov/bicycle/maps>

Senator Farley has free brochures on bicycle safety and helmet use and they are available through his office by emailing [Farley@nysenate.gov](mailto:Farley@nysenate.gov)