



NEW YORK STATE SENATOR

Patty Ritchie

## Reminder: Ritchie to Host St. Lawrence County Senior Health and Wellness Fair Thursday

PATTY RITCHIE September 29, 2015

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### **Event to Feature Exhibitors, Free Lunch, Entertainment And Law Enforcement Hosted Prescription Drug Drop-Off**

State Senator Patty Ritchie is reminding seniors she will host her St. Lawrence County Senior Health and Wellness Fair on Thursday, October 1<sup>st</sup>.

Held at a new location— Richard G. Lockwood Civic Arena, located on West River Street in Ogdensburg—and running from 11:00 a.m. to 2:00 p.m., the event will feature dozens of

exhibitors offering wellness advice and health checks, entertainment and free flu shots, available with your Medicare or insurance ID. In addition, attendees will also be invited to enjoy a free lunch made possible through special funding secured by Senator Ritchie and prepared by the “future chefs” at St. Lawrence-Lewis BOCES.

“Throughout the years, my Senior Health and Wellness Fairs have come to be known as events where our region’s aging population can get access to health checks, wellness tips, entertainment, lunch and more,” said Senator Ritchie.

“I’m excited to once again welcome St. Lawrence County seniors to this event, where dozens of exhibitors will be on hand to provide people with the information they need to continue to live healthy and active lifestyles.”

In addition to exhibitors, law enforcement will also be on hand collecting expired or unwanted prescription medications from attendees. Senator Ritchie encourages those looking to safely and responsibly “shed the meds,” to look for the drop off table located near the entrance to the event.

Seniors who are interested in saving time and pre-registering for Thursday’s event can do so [by clicking here](#) or by calling (315) 393-3024.