



NEW YORK STATE SENATOR

Velmanette Montgomery

## Useful Resources

VELMANETTE MONTGOMERY December 7, 2009

| ISSUE: **SOCIAL SERVICES**

| COMMITTEE: **SOCIAL SERVICES**

Am I Eligible for Benefits?

[www.mybenefits.ny.gov](http://www.mybenefits.ny.gov)

How do I contact my Local Department of Social Services?

<http://www.otda.state.ny.us/main/workingfamilies/dss.asp>

How do I find information on Federal Benefits including SSI and Social Security Disability?

<http://www.ssa.gov/> or find your local Social Security Office

<https://secure.ssa.gov/apps6z/FOLO/fo001.jsp>

New York State Office of Temporary and Disability Assistance

[www.otda.state.ny.us](http://www.otda.state.ny.us)

New York City Human Resources Administration

[www.nyc.gov/hra](http://www.nyc.gov/hra)