

Preventing Caregiver Burnout: Tips and Techniques for Caring for Loved Ones and Reducing Stress

DIANE J. SAVINO January 20, 2011

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## **HELP IS ON THE WAY**

Join Senator Diane J. Savino and the Visiting Nurse Service of New York for a free seminar

A LIGHT MEAL WILL BE SERVED

## Preventing Caregiver Burnout:

Tips and Techniques for Caring for Loved Ones and Reducing Stress

Thursday, January 27th 6:00 pm - 7:00 pm Forever Young Senior Center
330 Saint Marks Place, Staten Island, NY 10301

Need Transportation? Call 212-561-7424 for a ride