



NEW YORK STATE SENATOR

Diane J. Savino

## NEW DATE: Preventing Caregivers Burnout Event

DIANE J. SAVINO February 3, 2011

| ISSUE: **HEALTH**



### HELP IS ON THE WAY

Join **Senator Diane J. Savino** and  
the **Visiting Nurse Service of New York** for a free seminar

A LIGHT MEAL WILL BE SERVED

## Preventing Caregiver Burnout:

*Tips and Techniques for Caring for Loved Ones and Reducing Stress*

**Thursday, February 10th**  
6:00 pm - 7:00 pm

**Forever Young Senior Center**  
330 Saint Marks Place, Staten Island, NY 10301  
*Quick walk from the St. George Terminal*

**Need Transportation?**  
Call 212-561-7424 for a ride  
FREE PARKING AT THE CENTER

The event will be on February 10, 2011 from 6-7pm at the Forever Young Senior Center located at 330 Saint Mark's Place, Staten Island, New York 10301.