



NEW YORK STATE SENATOR

Eric Adams

## November is National Diabetes Month

ERIC ADAMS November 5, 2012

**Senator Adams  
Recognizes November  
as  
National Diabetes Month**

**[Click here for the  
Senator's message and for  
resources to learn more.](#)**



Diabetes can lead to severe health problems and complications such as heart disease, stroke, vision loss, kidney disease, nerve damage, and amputation. Type 1 diabetes, which can occur at any age but is most often diagnosed in young people, is managed by a lifetime of regular medication or insulin treatment.

Type 2 diabetes is far more common, and the number of people developing or at elevated risk for the disease is growing at an alarming rate, including among our nation's children. Risk is highest among individuals over the age of 45, particularly those who are overweight, inactive,

or have a family history of the disease, as well as among certain racial and minority groups. While less prevalent, gestational diabetes in expectant mothers may lead to a more complicated or dangerous delivery, and can contribute to their child's obesity later in life.

With more Americans becoming affected by diabetes and its consequences every day, our Nation must work together to better prevent, manage, and treat this disease in all its variations.

For more information on diabetes, visit the American Diabetes Association's website at

<http://www.diabetes.org/in-my-community/programs/american-diabetes-month/>