

## Shape-up Bushwick

MARTIN MALAVÉ DILAN June 6, 2013



Senator Dilan and Community Board 4 sponsored this year's 8<sup>th</sup> annual, Shape-Up Bushwick.

The event is held each year on Brooklyn Queens Day to promote healthy food choices and exercise in the community. This year's events included a parade, Yoga, Zumba and aerobic exercise demonstrations.