



NEW YORK STATE SENATOR

Catharine Young

## Stop Telemarketer Calls and Get Rid of Junk Mail

CATHARINE YOUNG August 26, 2013



No one likes receiving unwanted sales calls or wasteful junk mail. I want to remind you how you can put an end to junk mail and annoying telemarketer calls.

With the National Do Not Call Registry you can prevent telemarketer calls to your home phone and cell phone. Register by calling **888-382-1222** (or 866-290-4236 for TTY). To register by Internet, visit the Federal Trade Commission (FTC) website at [www.donotcall.gov](http://www.donotcall.gov). Once registered, telemarketers will be prohibited from calling you with unsolicited advertisements. You will remain on the Registry permanently, unless your number is disconnected and reassigned, or you decide to remove it from the Registry.

Your number will be placed on the Do Not Call Registry the very next day after you register, however, telemarketers will still have up to 31 days to remove your phone number from their lists. Also, tax-exempt non-profits, surveyors, and political organizations will not be barred from being able to contact you. More information on how the Do Not Call Registry works is also available at [www.fcc.gov/cgb/donotcall](http://www.fcc.gov/cgb/donotcall).

To verify whether or not your number is already on the Registry, or to file a complaint about calls received 31 days or more after registering, call **888-382-1222** or check online at [www.donotcall.gov](http://www.donotcall.gov).

Regarding junk mail, the Direct Marketing Association's Mail Preference Service (MPS) allows you to opt out of receiving unsolicited commercial mail from a number of national companies for five years, eliminating much of the junk mail you may be receiving. Registration to stop unwanted junk emails is good for six years.

To put an end to both junk postal mail and email, go to [www.dmachoice.org](http://www.dmachoice.org) or mail a request with a \$1 processing fee to:

DMAchoice

Direct Marketing Association

P.O. Box 643

Carmel, New York 10512

To file a complaint about deceptive or fraudulent junk mail or email, visit [www.ftc.gov](http://www.ftc.gov) or call **877-FTC-HELP** (or 866-653-4261 for TTY). The FTC will enter your complaint into a secure online database used by hundreds of civil and criminal law enforcement agencies in the United State and abroad to investigate fraud and illegal activity.

**Senator Young with Donna Vickman, Chair of the Cattaraugus County Legislature Senior Service Com**

Senator Young with Donna Vickman, Chair of the Cattaraugus County Legislature Senior Service Committee, at the Cattaraugus County Department of the Aging's 19<sup>th</sup> Annual Senior Forum on August 15, 2013. Senator Young informed seniors on how to stop unwanted calls and mail.