



NEW YORK STATE SENATOR

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## Exercise Caution During Extreme Cold Weather

BRAD HOYLMAN January 7, 2014

Frigid temperatures like those we've had in New York City lately pose a real threat to people's health and well-being. It may seem obvious, but dressing appropriately for the weather—including gloves, hats, insulated outerwear and waterproof footwear—while limiting your time outdoors is the only truly effective way to stay safe and healthy during a cold snap. Additionally, New Yorkers should make every effort to check in on elderly and vulnerable neighbors to ensure their safety. Also, remember, landlords are legally required to maintain an inside, daytime temperature of at least 68° F if the outside temperature falls below 55° F, and a nighttime, inside temperature of at least 55° F if the outside temperature outside falls below 40° F. If you are not receiving adequate heat in your apartment, you should first notify your landlord and, if they are unresponsive, call 311 and be sure to write down your complaint number. Then contact my office at (212) 633-8052 so that we can assist you in getting your heat restored.