



NEW YORK STATE SENATOR

William Larkin

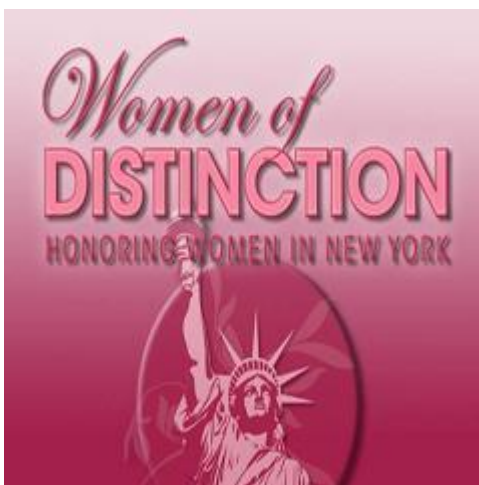
Alyce Ingram

WILLIAM LARKIN May 13, 2014



Women of
DISTINCTION
HONORING WOMEN IN NEW YORK

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Award: HONORING WOMEN IN NEW YORK

Year: 2014

Alyce Ingram is a lifelong resident of Haverstraw and has been serving the community around her for as long as she can remember. As a high school student, she volunteered at a local animal hospital and continued public service through college by volunteering with numerous organizations, including Le Sigma Femmes, in support of rights for women and children.

After the birth of her daughter, Ms. Ingram was a stay-at-home mom. Her daughter, Chelsea, was diagnosed with Costello's Syndrome, a rare genetic disorder which affects only two to three hundred people worldwide. This disorder required Chelsea to undergo numerous surgeries and begin daily occupational, physical and speech therapies, along with Ms. Ingram's constant care.

Later, Ms. Ingram worked for the Rockland County Department of Social Services in the Chronic Care Unit where she assisted the elderly and disabled, along with their families, in applying for government assistance. She was promoted to Principal Social Welfare Examiner in the Temporary Assistance Unit where she continues to work today.

When her husband began coaching for Haverstraw Little League, she was "team mom", volunteering her time wherever she was needed. In 2002, Ms. Ingram was awarded the Nick Picariello Award by the President of the Haverstraw Little League and eventually was inducted into the Haverstraw Little League Board of Directors. While serving on the board, she has held the positions of stand coordinator, secretary and players agent. Ms. Ingram is currently president of the league and has the honor and distinction of being the first woman elected to this position. The League has always held a special place in Ms. Ingram's heart because of the nurturing and caring environment it provided for Chelsea while she was growing up.

Ms. Ingram's many years of service with the Haverstraw Little League have given her a platform to turn her lifelong desire to help others into a reality and encouraged her to volunteer her time to other organizations. She has served as the Secretary to the New York State District 18 Little League Board for seven years and has also taught religious education at St. Peter's church in Haverstraw for the past three years.

Although those organizations are very dear to her, none touch her heart as deeply as the Manny Lopez Memorial Fund, which was established in 2006 in memory of Corporal Manny Lopez. Corporal Lopez gave his life on April 12, 2005, while defending others in Iraq and was the first Rockland County soldier killed in Operation Iraqi Freedom.