



NEW YORK STATE SENATOR

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## Spring Is Here: Be Sure To Be Tick Free

CATHARINE YOUNG April 20, 2015

Thankfully, Spring finally is here but it also means that ticks are hatching. Recently several area people visited me to share their personal stories about battling Lyme disease. As a member of the Senate's Lyme disease task force, I want everyone to be safe, healthy and aware of how to protect themselves and their families.

Here's helpful information from the state Health Department.

[www.health.ny.gov/publications/2825/](http://www.health.ny.gov/publications/2825/)