



NEW YORK STATE SENATOR

Hugh T. Farley

## Senator Farley Notes September Is Emergency Preparedness Month

HUGH T. FARLEY September 18, 2015



Senator Farley notes September is Emergency Preparedness Month and while the weather has remained relatively calm recently in our area, he reminds constituents they should be prepared in case a disaster -- natural or man-made -- happens.

"The winter season is approaching and it is always good to be prepared," Senator Farley said.

Senator Farley has brochures on emergency preparedness and copies are available by emailing [Farley@nysenate.gov](mailto:Farley@nysenate.gov), or by calling his offices at 455-2181 (Albany), 885-1829 (Ballston

Spa), 762-3733 (Johnstown), or toll-free at (800) 224-5201.

To highlight the designation of September as National Preparedness Month, Senator Farley offers the following tips:

- \* Prepare a disaster supply kit that would keep you and your family self-sufficient for three days, including: one gallon of water per person per day, stored in clean plastic containers; non-perishable food; first aid kit, including information on prescription medications and eyeglasses; battery-operated radio, flashlight and extra batteries; extra clothing; blankets or sleeping bags; and important papers such as identification, credit cards and cash.

- \* Discuss a family escape plan if it becomes necessary to leave your home during a disaster, and practice these plans periodically. Be informed of the disaster plans at your children's school and your workplace.

- \* Install smoke detectors in your home, check them for proper operation and make sure that you change batteries when you change your clocks (twice a year).

- \* During an emergency, stay tuned to local radio or television stations to receive instructions and the latest information about the progress of the situation.