



NEW YORK STATE SENATOR

Patty Ritchie

## REMINDER: RITCHIE TO HOST SENIOR HEALTH AND WELLNESS FAIR ON OCTOBER 21ST

PATTY RITCHIE October 19, 2015

| ISSUE: **AGING**



State Senator Patty Ritchie is reminding Jefferson County seniors that she will host her Senior Health and Wellness Fair on Wednesday, October 21st from 11:00 a.m. to 2:00 p.m. at the Bruce Wright Memorial Conference Center, located on Faichney Drive in Watertown.

The event—which is being co hosted with the Jefferson County Office for the Aging, Carthage Area Hospital and Guilfoyle Ambulance—will feature dozens of exhibitors offering

health checks and wellness tips, entertainment and free flu shots, available with your Medicare or insurance ID. Seniors attending will also be invited to enjoy a free lunch, made possible with special funding secured by Senator Ritchie and prepared by the “future chefs” from Oswego County CiTi.

“Every year, my Jefferson County Senior Health and Wellness Fair grows to become bigger—and better,” said Senator Ritchie. “This year, thanks to support from our sponsors, culinary students from Oswego County CiTi and dozens of exhibitors who will be offering vital health information, the event will truly be a one-stop shop for anyone looking to improve their well-being and have an enjoyable afternoon amongst friends.”

In addition to exhibitors, law enforcement will also be present at the event, collecting expired or unwanted prescription medications from attendees. Senator Ritchie encourages those looking to safely and responsibly “shed the meds,” to look for the drop off table located near the entrance to her Senior Health and Wellness Fair.

Those who are interested in saving time by pre-registering for the event can do so by [clicking here](#), or by calling (315) 782-3418.