



NEW YORK STATE SENATOR

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## Important Information on Zika Virus

MARTIN J. GOLDEN January 22, 2016

- Zika is affecting parts of Central and South America, Mexico and the Caribbean. The type of mosquito that spreads the virus is common there. Find the latest locations at the link below.
- Most people infected with Zika don't get sick. However, Zika **may cause birth defects**, so pregnant women should take steps to avoid the virus.
- There is no vaccine.

### If you're pregnant, consider delaying travel to an affected area until health experts say it's safe.

- *If it's not possible to delay travel, talk to a doctor first. The mosquito that spreads Zika is very aggressive. The mosquito bites during the day and early evening. **Use insect repellants approved by the EPA. Wear long sleeves and pants. Wear clothing treated with permethrin (a chemical that repels insects). Use a mosquito bed net if you cannot keep mosquitoes out of your residence.***
- *If you are pregnant and did travel to an area*



The NYC Department of Health and Mental Hygiene (DOHMH) is sharing important information based on notification from the Center for Disease Control (CDC) on Zika Virus. DOHMH has developed a public flyer amplifying the travel warnings that the CDC has issued (attached). For more information on Zika Virus, please visit our website at [nyc.gov/health](http://nyc.gov/health) or call 311