

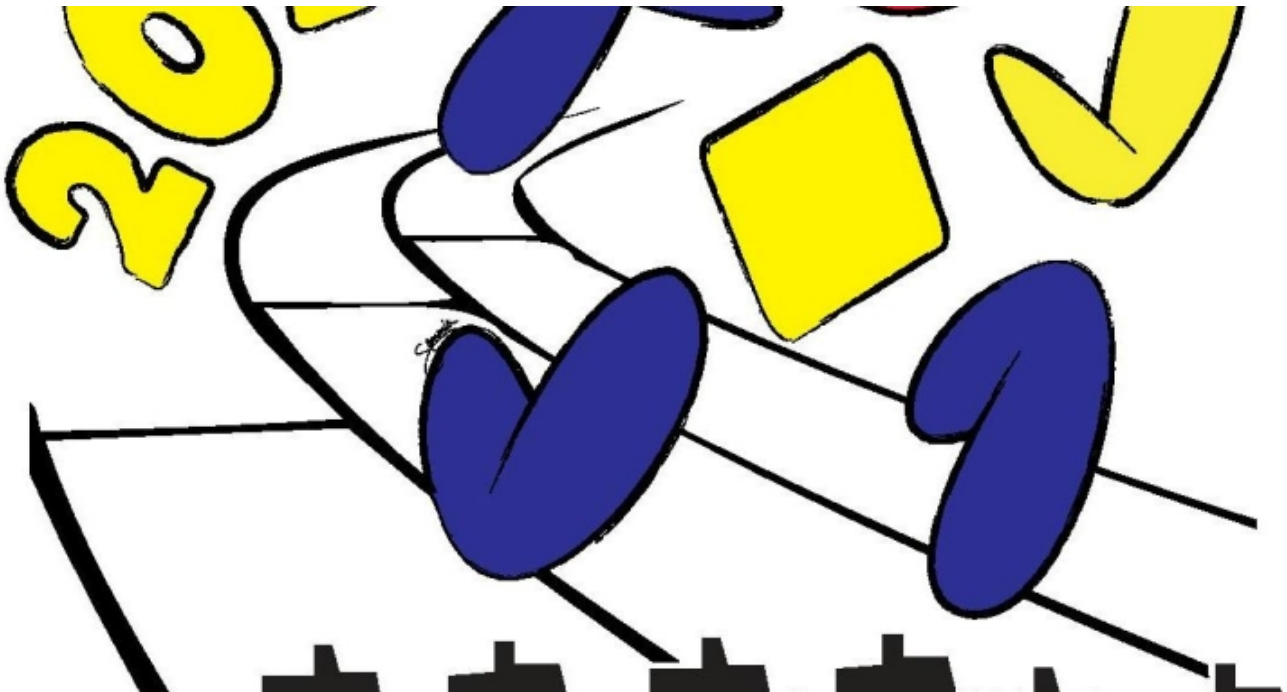


NEW YORK STATE SENATOR

Adriano Espaillat

## 5th Annual Uptown Games Set for Sunday at Armory

ADRIANO ESPAILLAT March 31, 2016



New York, NY (March 31, 2015) – Senator Adriano Espaillat, Council Members Ydanis Rodriguez and Mark Levine, the Armory Foundation and New York Road Runners announce the fifth annual Uptown Games, to be held Sunday (April 3rd) at The Armory New Balance Track & Field Center.

WHAT: Fifth annual Uptown Games. More than 500 students in 3rd-8th grades from more than 40 schools will receive athletic instruction from New York Road Runners and Armory

staff members before participating in short and long distance races, team relays, shot put, and other events. The Uptown Games isn't about competition. It's an opportunity to address the disproportionately high obesity levels in Washington Heights and northern Manhattan by instilling healthy habits in children, and offering them exposure to track & field disciplines in a stress free, supportive atmosphere.

WHEN: 11:00 a.m.-3 p.m. Saturday, April 3, 2016. Remarks from local elected officials at 12:30pm.

WHERE: The Armory New Balance Track & Field Center, 216 Fort Washington Avenue, between 168th and 169th Streets.

WHO: Students participating attend schools range from Hamilton Heights Elementary on 146th Street and Amsterdam Avenue, to Inwood Academy for Leadership Charter School on Dyckman Street, after-school programs like the ``Team Dreamers'' and local parochial schools. Senator Adriano Espaillat, Council Members Ydanis Rodriguez, Assemblyman Herman Denny Farrell, Councilman Mark Levine and other elected officials will also attend.