

## SENATOR SUE SERINO DELIVERS KEYNOTE ADDRESS AT ANNUAL WALK MS 2016: POUGHKEEPSIE

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**ISSUE: MULTIPLE SCLEROSIS** 



**Hyde Park, NY**—Senator Sue Serino (R—Hyde Park) delivered the keynote address at the annual Walk MS event held at the Culinary Institute of America on May 1, 2016 to raise funds and awareness of multiple sclerosis. Despite rainy weather, hundreds of local residents raised funds and walked the Culinary campus.

"The effects of this debilitating disease impacts the lives of countless individuals," said Senator Serino. "This event is a powerful way to bring individuals and families together to not only raise much needed funding and awareness, but to foster connections and develop a network of support that will help those touched by the disease far beyond this event. Thank you to all of those who worked to make it happen and to those who braved the rain to participate."

Walk MS Task Force members Lori, Dolores, and Ellen Almena, Becki Low, and Jennifer Henion were among a group of local volunteers who helped make the event successful. Most of this group has been on the MS Walk Task Force for over 20 years, with every task force member involved in the Walk for longer than that.

Walk MS, held annually to raise funds to end the devastating effects of multiple sclerosis, is held at sites throughout the Upstate New York Region and across the US. Four hundred plus people participated in Walk MS: Poughkeepsie 2016, enjoying breakfast and lunch donated by local businesses and walking the beautiful campus of the Culinary Institute of America.

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## **About the National Multiple Sclerosis Society**

The Society mobilizes people and resources to drive research for a cure and to address the challenges of everyone affected by MS. Through its comprehensive nation-wide network of programs and services, it also helped more than one million people affected by MS connect to the people, information and resources needed to live their best lives. The Poughkeepsie Walk MS Site is overseen by the Upstate NY Chapter of the National MS Society.

## **About Multiple Sclerosis**

Multiple sclerosis, an unpredictable, often disabling disease of the central nervous system, interrupts the flow of information within the brain, and between the brain and body.

Symptoms range from numbness and tingling to blindness and paralysis. The progress,

severity and specific symptoms of MS in any one person cannot yet be predicted, but advances in research and treatment are moving us closer to a world free of MS. Most people with MS are diagnosed between the ages of 20 and 50, with at least two to three times more women than men being diagnosed with the disease. MS affects more than 2.3 million people worldwide.

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