

2015-K1416

LEGISLATIVE RESOLUTION memorializing Governor Andrew M. Cuomo to proclaim June 1, 2016, as Running Day in the State of New York

WHEREAS, It is the sense of this Legislative Body to acknowledge days which promote healthy living and exercise; and

WHEREAS, Attendant to such concern, and in full accord with its long-standing traditions, this Legislative Body is justly proud to memorialize Governor Andrew M. Cuomo to proclaim June 1, 2016, as Running Day in the State of New York, in conjunction with the observance of National Running Day; and

WHEREAS, The observance of a National Day for Running began on June 3, 2009; since its inception, the day has been held on the first Wednesday of June; and

WHEREAS, National Running Day is a national initiative of the major organizations within the running industry to promote running as a healthy, easy, and accessible form of exercise; and

WHEREAS, From New York to San Diego, London to Toyko, Mumbai to Prague, and every city, town and village across the globe, the day will celebrate the benefits of running as part of a healthy and active lifestyle aimed at combating some of today's most pressing health issues; and

WHEREAS, Individuals from the State of New York can participate in Running Day by simply getting out and running; whether it is with a group or alone, Running Day is the perfect time to start fresh with new fitness goals; and

WHEREAS, It is fitting to set aside days which encourage a healthy lifestyle and, in doing so, enhance the health and welfare of the entire State of New York; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to

memorialize Governor Andrew M. Cuomo to proclaim June 1, 2016, as Running Day in the State of New York; and be it further RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Andrew M. Cuomo, Governor of the State of New York.