



NEW YORK STATE SENATOR

James Sanders Jr.

## Sanders Co-Hosts Citizen Preparedness Corps Training Program in Jamaica

JAMES SANDERS JR. June 23, 2016




State Senator James Sanders Jr. (D-Rochdale Village) today joined Governor Cuomo's Office and his colleagues in government in hosting the NYS Citizen Preparedness Corps Training Program, a two-hour presentation, which gives residents the tools and resources to prepare for any type of disaster, respond accordingly and recover as quickly as possible.

“As a Marine Corps veteran, I can tell you that the better educated and equipped you are to handle an emergency situation before it happens, the greater your chance of survival,” Sanders said. “Now, we are not here today to scare anyone, we are here to learn how to be stronger as individuals and as a community, so the next time there is another Hurricane Sandy, we can be even more resilient.”

Some 75 people from the community attended the event, which was held at the Brooks Senior Center in Jamaica. Each of them received a certificate of completion and an emergency preparedness "to go" bag, containing items such as a pocket radio, duct tape, first aid kit, flashlight, batteries, a respirator, a plastic drop cloth, emergency purified drinking water, safety goggles, and a survival food pack. They were also given a pocket-sized preparedness guide.

The first part of the program focused on how to prepare for natural disasters like hurricanes, earthquakes and tornadoes; man-made disasters like terrorist attacks, transportation accidents, and structural collapses; and technological disasters like communications, transportation and nuclear plant failures.

Instructor Staff Sergeant Gaspar Terri III of the Army National Guard outlined key steps that are essential to preparation in these instances. He recommended creating a family emergency plan with your loved ones, which would include discussing the most likely type of disaster that could occur and what to do in each case, picking a place to meet either inside the home or outside in the neighborhood if something does happen, designing an escape route, and having an out-of-town point of contact

