



NEW YORK STATE SENATOR

Patty Ritchie

Reminder: Ritchie to Host Oswego County Health and Wellness Fair Wednesday

PATTY RITCHIE September 19, 2016



****[PRE-REGISTER HERE](#)****

State Senator Patty Ritchie is reminding Oswego County residents that her annual Senior Health and Wellness Fair will take place on Wednesday, September 21st at the Fulton Community Ice Arena, located at 605 West Broadway in Fulton.

The free event will take place from 11:00 a.m. to 2:00 p.m., and will feature more than 50 exhibitors, health checks and flu shots (available with Medicare or insurance ID),

entertainment and a no-cost lunch prepared by local culinary students.

In addition to exhibitors, law enforcement will also be on hand collecting expired or unwanted prescription medications from attendees. Senator Ritchie encourages those looking to safely and responsibly “shed the meds,” to look for the drop off table located near the entrance to the event.

“Every year, my Senior Health and Wellness Fairs offer our aging population opportunities to learn how they can become more healthy, enjoy a nutritious lunch and have some fun with friends,” said Senator Ritchie.

“I am looking forward to this week’s event and encourage any seniors who looking to access tips, tools or wellness checks that can help them to live a healthier lifestyle to attend Wednesday’s Fair.”

Free bus transportation—sponsored by Exelon and Oswego County Opportunities—will be available to and from the event. For a full schedule, [click here](#) or call (315) 342-2057.

A full list of organizations taking part in Wednesday’s Fair is as follows:

<i>Oswego County Health Department</i>
<i>Oswego County Opportunities, Inc.</i>
<i>Fidelis Care</i>
<i>The St. Luke's Family of Caring</i>
<i>Oswego County Department of Social Services</i>
<i>Wayne Drug</i>

Alzheimer's Association

MVP Health Care - Medicare Advantage

Oswego County Opportunities Nutrition Services

HCR Home Care

North Country Library System

Advanced Hearing Aid Centers of CNY, Inc.

New York State Funeral Directors Association

My 3rd Leg Canes

Oswego Health

United Healthcare Medicare

United Healthcare

Staffings Healthcare Systems, Inc.

Food Bank of Central New York

Arise

Seniors Helping Seniors

Farnham Family Services

NYS Office of Mental Health

Syracuse VA Suicide Prevention

Oswego County Visually Impaired

The Gardens by Morningstar

Arc of Oswego County

VNA Homecare & VNA Homecare Options

American Foundation for Suicide Prevention

Harbor Lights Chemical Dependency Service

OCO Inc's Cancer Service Program

Humana

Fulton Alliance Church Senior

Office for the Aging

OCO - IMPACT Program

Oswego County Ambulance Service

Kinney Drugs

Cornell Cooperative Extension of Oswego County

AL-Anon Family Group - Oswego County

COCOAA

<i>Miss Elaineous Gardens</i>
<i>Springside Retirement Community</i>
<i>ARISE Child and Family Services</i>
<i>I Need Oils</i>
<i>Watertown Audiology Hearing Aid & Balance Center</i>
<i>Oswego County Veterans Service Agency</i>
<i>Service Seniors, Inc.</i>
<i>Oswego County Hospice</i>
<i>Oswego Health Caring & Sharing Breast Cancer Support Group</i>
<i>Oswego County Sheriff's Department</i>
<i>Dunkin' Donuts</i>
<i>Kindred At Home</i>

Senator Ritchie's Senior Health and Wellness Fair is being made possible by the following sponsors:

Exelon Corporation

Fulton City School District

Kinney Drugs

Dunkin Donuts

Behling Orchards

Ontario Orchards

Hudson's Dairy

Walmart

Cabot Cheese

Oswego County CiTi

Pathfinder Bank

The City of Fulton

Oswego County Opportunities

The Oswego County Sheriff's Department