



NEW YORK STATE SENATOR

Patty Ritchie

## Reminder: Ritchie to Host Oswego County Health and Wellness Fair Wednesday

PATTY RITCHIE September 19, 2016



\*\*\*\*[PRE-REGISTER HERE](#)\*\*\*\*

State Senator Patty Ritchie is reminding Oswego County residents that her annual Senior Health and Wellness Fair will take place on Wednesday, September 21<sup>st</sup> at the Fulton Community Ice Arena, located at 605 West Broadway in Fulton.

The free event will take place from 11:00 a.m. to 2:00 p.m., and will feature more than 50 exhibitors, health checks and flu shots (available with Medicare or insurance ID),

entertainment and a no-cost lunch prepared by local culinary students.

In addition to exhibitors, law enforcement will also be on hand collecting expired or unwanted prescription medications from attendees. Senator Ritchie encourages those looking to safely and responsibly “shed the meds,” to look for the drop off table located near the entrance to the event.

“Every year, my Senior Health and Wellness Fairs offer our aging population opportunities to learn how they can become more healthy, enjoy a nutritious lunch and have some fun with friends,” said Senator Ritchie.

“I am looking forward to this week’s event and encourage any seniors who looking to access tips, tools or wellness checks that can help them to live a healthier lifestyle to attend Wednesday’s Fair.”

Free bus transportation—sponsored by Exelon and Oswego County Opportunities—will be available to and from the event. For a full schedule, [click here](#) or call (315) 342-2057.

A full list of organizations taking part in Wednesday’s Fair is as follows:

<b><i>Oswego County Health Department</i></b>
<b><i>Oswego County Opportunities, Inc.</i></b>
<b><i>Fidelis Care</i></b>
<b><i>The St. Luke's Family of Caring</i></b>
<b><i>Oswego County Department of Social Services</i></b>
<b><i>Wayne Drug</i></b>

*Alzheimer's Association*

*MVP Health Care - Medicare Advantage*

*Oswego County Opportunities Nutrition Services*

*HCR Home Care*

*North Country Library System*

*Advanced Hearing Aid Centers of CNY, Inc.*

*New York State Funeral Directors Association*

*My 3rd Leg Canes*

*Oswego Health*

*United Healthcare Medicare*

*United Healthcare*

*Staffkings Healthcare Systems, Inc.*

*Food Bank of Central New York*

*Arise*

*Seniors Helping Seniors*

*Farnham Family Services*

*NYS Office of Mental Health*

*Syracuse VA Suicide Prevention*

*Oswego County Visually Impaired*

*The Gardens by Morningstar*

*Arc of Oswego County*

*VNA Homecare & VNA Homecare Options*

*American Foundation for Suicide Prevention*

*Harbor Lights Chemical Dependency Service*

*OCO Inc's Cancer Service Program*

*Humana*

*Fulton Alliance Church Senior*

*Office for the Aging*

*OCO - IMPACT Program*

*Oswego County Ambulance Service*

*Kinney Drugs*

*Cornell Cooperative Extension of Oswego County*

*AL-Anon Family Group - Oswego County*

*COCOAA*

<i>Miss Elaineous Gardens</i>
<i>Springside Retirement Community</i>
<i>ARISE Child and Family Services</i>
<i>I Need Oils</i>
<i>Watertown Audiology Hearing Aid &amp; Balance Center</i>
<i>Oswego County Veterans Service Agency</i>
<i>Service Seniors, Inc.</i>
<i>Oswego County Hospice</i>
<i>Oswego Health Caring &amp; Sharing Breast Cancer Support Group</i>
<i>Oswego County Sheriff's Department</i>
<i>Dunkin' Donuts</i>
<i>Kindred At Home</i>

Senator Ritchie's Senior Health and Wellness Fair is being made possible by the following sponsors:

*Exelon Corporation*

*Fulton City School District*

*Kinney Drugs*

*Dunkin Donuts*

*Behling Orchards*

*Ontario Orchards*

*Hudson's Dairy*

*Walmart*

*Cabot Cheese*

*Oswego County CiTi*

*Pathfinder Bank*

*The City of Fulton*

*Oswego County Opportunities*

*The Oswego County Sheriff's Department*