



NEW YORK STATE SENATOR

Patty Ritchie

## Ritchie Announces Free Rides To Jefferson County Senior Fair

JOHN FRIOT October 13, 2016



\*\*\*[CLICK HERE TO PRE-REGISTER](#)\*\*\*

Senator Patty Ritchie is urging Jefferson County residents to take advantage of free bus rides to her upcoming Senior Health and Wellness Fair, taking place at the Bruce M. Wright Memorial Conference Center, located on Faichney Drive in Watertown on Wednesday, October 19th.

The free event—which runs from 11:00 a.m. to 2:00 p.m.—will feature over 50 exhibitors offering seniors health tips, wellness checks and free flu shots, available with Medicare or

insurance ID. Attendees will also be invited to enjoy entertainment and a free lunch, made possible through funding secured by Senator Ritchie and prepared by local culinary students. In addition, the Jefferson County Sheriff's Department will also be on hand for a prescription drug take-back that will offer seniors a safe way to dispose of unwanted or expired medications.

"A journey to a long, healthy life begins with small steps—like those offered at my Senior Health and Wellness Fairs," said Senator Ritchie.

"My Senior Health and Wellness Fair offers our aging population with so many opportunities to learn from local experts about how they can improve their well-being, as well as gives them a chance to visit with friends, enjoy a nutritious lunch and entertainment. This year's event will be better than ever, and I'm looking forward to seeing seniors on October 19th.

Free bus transportation will be provided to and from the event at the following times and locations.

***Meadowbrook Terrace Assisted Living Facility ( 21995 Cole Rd, Carthage): 10:00 a.m.***

***J. Dalton Estates (38 N Broad Street, Carthage): 10:15 a.m.***

***Westside Terrace (63 Madison Street, Carthage): 10:15 a.m.***

***Longfalls Apartments (222 State Street, Carthage): 10:30 a.m.***

***Riverview Apartments (912 Strawberry Lane, Clayton): 10:00 a.m.***

***Gordon Courts Apartments (1 Bolton Avenue, Alexandria Bay): 10:30 a.m.***

***LaFargeville Senior Housing Apartments (36421 Penet Square Drive, La Fargeville): 10:45a.m.***

Senator Ritchie would like to thank the following sponsors of her Jefferson County Senior Health and Wellness Fair:

*Carthage Area Hospital*

*River Hospital*

*Samaritan Medical Center*

*Guilfoyle Ambulance Service*

*Cabot Cheese*

*Walmart*

*Watertown High School*

*Oswego County CiTi*

*Jefferson County Sheriff's Department*

*Jefferson County Office for the Aging*

*Kinney Drugs*

*Paynter Center*

*Lundy Services*

Those who are interested in saving time can pre-register for the event by [clicking here](#) or by calling (315) 782-3418.