

## 2017-J1996

Senate Resolution No. 1996

BY: Senator MARCELLINO

COMMENDING Beth Ramme upon the occasion of her designation for special recognition by the New York State Council of Children and Families and the New York State Office of Mental Health on May 2, 2017

WHEREAS, From time to time this Legislative Body takes note of certain extraordinary individuals it wishes to recognize for their valued contributions to the success and progress of society and publicly acknowledge their endeavors which have enhanced the basic humanity among us all; and

WHEREAS, Attendant to such concern, and in full accord with its long-standing traditions, this Legislative Body is justly proud to commend Beth Ramme upon the occasion of her designation for special recognition by the New York State Council of Children and Families and the New York State Office of Mental Health feted at its What's Great in our State, A Celebration of Children's Mental Awareness on Tuesday, May 2, 2017, in the Huxley Auditorium at the New York State Museum in Albany, New York; and

WHEREAS, Beth Ramme is being recognized for her remarkable contributions to a greater understanding of children's mental health issues; she successfully adapted NAMI Basics in order to bring this vital program to a larger audience; and

WHEREAS, Beth Ramme has taught the course at the Suffolk County women's jail in Riverhead, New York, and is currently presenting a version for education and social service professionals from Long Island; and

WHEREAS, NAMI Basics is a free, six-week education program for parents and family caregivers of children and teenagers who are experiencing symptoms of a mental illness or who have already been diagnosed; and

WHEREAS, Through NAMI Basics, people struggling with mental illness will discover that they are not alone, and that recovery is a journey, and there is hope; and

WHEREAS, NAMI Basics covers several topics including managing crises, solving problems and communicating effectively; how to take care of yourself and handle stress; developing the confidence and stamina to support your child with compassion; advocating for your child's rights at school and in health care settings; learning about current treatments, including evidence-based therapies, medications and side effects; and gaining an overview of the public mental health care, school and juvenile justice systems; as well as understanding the challenges and impact of mental health conditions on your entire family; and

WHEREAS, It is the sense of this Legislative Body that those who enhance the quality of life in their community and have shown a long and sustained commitment to the maintenance of high standards in their profession, certainly have earned the recognition and applause of all the citizens of this great Empire State; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to commend Beth Ramme upon the occasion of her designation for special recognition by the New York State Council of Children and Families and the New York State Office of Mental Health; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to Beth Ramme.