



NEW YORK STATE SENATOR

Patty Ritchie

## Another Step in the Battle Against Breast Cancer

PATTY RITCHIE October 6, 2017



In recent years, great strides have been made in the areas of early detection and treatment of breast cancer. In addition, many women diagnosed with the disease are living long and healthy lives.

While we've made progress, the fight is far from over. During October, which is Breast Cancer Awareness Month, women are encouraged to consult with their health care providers to become more knowledgeable about the disease and develop a proactive plan for breast cancer screening—because in many cases, early detection can save lives.

To help in that effort, I am teaming up with Oswego Health and other community partners to host “Healthy You,” an event on October 17th that will highlight the importance of protecting women’s health and specifically, the prevention and treatment of breast and ovarian cancers.

In past years, this event has focused solely on breast cancer. This year’s program has been expanded to include vital information on ovarian cancer. Made possible through special funding I secured, ‘Healthy You’ will include giveaways and educational information, including a panel of experts—five medical professionals—to answer questions on symptoms, screenings and treatments of breast and ovarian cancers. Also on the panel will be B-104.7 radio host Becky Palmer, a breast cancer survivor.

In addition to the panel discussion, the event will also provide an opportunity for local women—over the age of 40 who have not had a mammogram due to financial constraints or concerns—to sign up to receive a complimentary breast cancer screening. Those unable to attend the event can call Oswego Health at (315) 349-5513 to schedule an appointment.

If you cannot make the event, and you or someone you know has a concern about breast cancer, the Adelphi NY Statewide Breast Cancer Hotline & Support Program is a great resource for finding answers. You can visit the program’s website at [breast-cancer.adelphi.edu/](http://breast-cancer.adelphi.edu/) or call the hotline at 1-800-877-8077.

Breast cancer is the second leading cause of cancer death among women. Fifth on that list is ovarian cancer. During National Breast Cancer Awareness Month—and year round—I encourage you to take steps to protect your health and the health of your loved ones by learning more about these diseases and steps you can take to prevent, as well as detect them early on.