



NEW YORK STATE SENATOR

Brad Hoylman-Sigal

Dr. Meera Shah

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Women of
DISTINCTION
HONORING WOMEN IN NEW YORK

Dr. Meera Shah

Dr. Meera Shah is a family medicine physician and a strong advocate for women's medical rights, particularly in underserved areas. She graduated from George Washington University Medical School in Washington D.C., and completed her family medicine residency at Mount Sinai/Beth Israel Medical Center and the Institute for Family Health in New York City. Dr. Shah has an MS in Nutrition from Columbia University and is currently completing an MPH at Columbia University.

Dr. Shah has been working at Callen-Lorde Community Health Center, a federally qualified health center in lower Manhattan serving the LGBT community. She is certified by the American Academy of HIV Medicine and provides care to those living with HIV and to those who identify on the gender spectrum. Additionally, she is trained in colposcopy and high-resolution anoscopy services, and she launched a Long Acting Reversible Contraception program at Callen-Lorde.

Outside of her role as a physician, she is actively involved with the Physicians for Reproductive Health and enjoys being a vocal advocate for sexual and reproductive health access, including safe abortion procedures, for all. She lends her voice to the community by serving as a frequent contributor to Bedsider and has been interviewed by The Independent, Teen Vogue, BuzzFeed and Think Progress.

Beginning this summer, Dr. Shah will continue to leverage her expertise and advocacy as the Associate Medical Director for Planned Parenthood Hudson Peconic with aims of expanding their services to include gender affirming care as well as HIV prevention care.