

NEW YORK STATE SENATOR

Patty Ritchie

## Celebrating Our State Parks and Recreational Areas

SENATOR PATTY RITCHIE July 20, 2018

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## Senator Ritchie's Weekly Column

New York State parks and historic sites offer a wealth of recreational activities for residents and tourists alike. This is especially true in the summer months, when nearly 70 million people visit state parks across New York State, including more than four million in Central and Northern New York, for everything from boating and camping to fishing and hiking.

State parks and recreational areas are the perfect place to enjoy the beauty of our region, but they play a critical role in helping people understand the importance of getting outside and

becoming more physically active. Communities across the country and right here in our state continue to battle obesity, and the diseases associated with it, every day, at every age range. Studies show that 30 percent of American adults do not go outside over the course of a day.

As the deputy vice-chair of the Senate Health Committee, I continue to look for ways to help people participate more in outdoor activities. Recently, I was proud to have delivered special state funding for community and school playgrounds across Jefferson, Oswego and St. Lawrence Counties. These investments will help children take a break from technology, get outside, get active and interact with their peers.

In addition, last year, a measure I sponsored (S.3019) was signed into law that calls for the Commissioners of Health and Environmental Conservation to promote and encourage outdoor recreation and environmental education for kids across the state, including programs at our state parks.

From swimming and boating, to playgrounds and picnics, there is a lot to appreciate and enjoy in our state parks and historic sites. To learn more about the state parks in our area, click the link below:

https://parks.ny.gov/

## RELATED LEGISLATION

## 2017-S3019

- Introduced
- • In Committee Assembly
  - In Committee Senate
- $\circ$  On Floor Calendar Assembly
  - On Floor Calendar Senate
- • Passed Assembly
  - Passed Senate
- Delivered to Governor
- Signed By Governor
- •

Directs the commissioners of health and environmental conservation to study and develop a

long term strategy to encourage outdoor environmental education and recreation

January 19, 2017

Senate Floor Calendar

Sponsored by Patty Ritchie

Do you support this bill?