



NEW YORK STATE SENATOR

Fred Akshar

Heroin Treatment Resources in the 52nd Senate District

FRED AKSHAR March 27, 2019

| ISSUE: **COMBAT HEROIN AND OPIOID ADDICTION**



Statewide & Regional Resources

New York State Office of Alcohol Substance Abuse Services (OASAS)

- HOPEline – 24 Hours

- (p) 1-877-846-7369
- HOPEline services include:
 - Masters level clinicians who are professional, well-trained and knowledgeable
 - Crisis and motivational interviewing for callers in need
 - Referrals to more than 1,500 local prevention and treatment providers
 - 48 hours call back to those who wish to be contacted
 - Multi-lingual
 - Informational materials
- Portal to find available treatment facilities:
 - <https://findaddictiontreatment.ny.gov>
- Other OASAS HOPE services: <https://www.oasas.ny.gov/accesshelp/index.cfm>

Susquehanna River Region 2-1-1 (serving Broome, Chenango, Delaware, Otsego and Tioga Counties)

- 2-1-1 (within the 607 area code)
- 1-800-901-2180
- <http://www.helpme211.org/>
- Provides assistance with a variety of needs including housing, food, clothes, mental health issues, substance abuse, consumer assistance, utilities, etc.

Broome County

Addiction Center of Broome County (ACBC)

- Services offered:
 - Outpatient Services
 - Group and Individual Treatment
 - Family Navigator to help guide addicts and their families to treatment and services.
- (p) 607-723-7308 ext 0
- (f) 607-724-4626
- Hotline: 1-877-846-7369
- ACBC's Family Navigator, Jill Lloyd
 - (607) 723-7308 Ext. 101 or Jilllloyd@stny.rr.com

City of Binghamton Special Investigations Task Force - Anonymous Drug Tip Line

- 607-778-FYI1 (3941)

Sheriff's Assisted Recovery Initiative

- (p) 607-778-1911 ext 1
- People looking for help with their addiction can contact the Sheriff's Office and they will provide transport to the Addiction Crisis Center on Court Street or UHS Hospital.
- Program is available 24 hours a day, 7 days a week

Fairview Recovery Services

- (p) 607-722-8987
- Addictions Crisis Center
 - (p) 607-722-4080
 - 247 Court Street, Binghamton
 - 24 hour/7 days a week help
 - 18 beds serving both men and women, 18 and over
 - Length of stay 1-14 days
- Fairview Community Residence and Merrick Community Residence
 - (p) 607-722-8987
 - 5 Merrick St, Binghamton

- 36 beds serving men and women over 18 in the early stages of recovery
- Length of stay: 3-6 months

- Supportive Living: Women and Children

- (p) 607-722-8987
- 5 Merrick St, Binghamton
- 11 beds serving women over 18 who have completed Community Residence level of care, and their children

- Supportive Living: Men

- (p) 607-722-8987
- 5 Merrick St, Binghamton
- 30 beds serving men over 18 who have completed Community Residence level of care

- Shelter Plus Care

- (p) 607-722-8987
- 5 Merrick St, Binghamton

- 25 apartments for employed or employable men and women, formerly homeless, with a history of substance use, and their families
- Housing Plus Care
 - (p) 607-722-8987
 - 5 Merrick St, Binghamton
 - 8 apartments for single adults over the age of 18 with a history of substance abuse
- Supportive Services: Career Choices Unlimited
 - (p) 607-722-8987
 - 5 Merrick St, Binghamton
 - Career services for males and females over 18 with barriers to employment due to a history of substance abuse

UHS/New Horizons

- (p) 607-762-3288 or 607-762-3232 during business hours (7am – 4pm) – schedule an assessment or discuss treatment services

- Inpatient Assessment and Residential Treatment at Binghamton General
 - (p) 607-762-2255 Inpatient Rehab
 - Varying length of stay averaging 14-28 days

- Services:
 - Assessment – prompt and confidential assessment services to assist in determining the presence or severity of abuse/dependence. Recommendations and referrals to the appropriate level of care.
 - 24 Hour Emergency Crisis Intervention
 - **Drug Abuse Crisis Line - 24 Hours**
 - (p) 607-762-2257
 - Outpatient Treatment
 - Family Programs

- Medication Assisted Treatment
 - Methadone Clinic – Southern Tier Drug Abuse Treatment Center
 - (p) 607-762-2800

- 10 Mitchell Ave, Binghamton
- Suboxone (Buprenorphine) – New Horizons
- (p) 607-762-3232
- 40 Mitchell Ave, Binghamton

Broome District Attorney's Operation SAFE (Saving Addicts From Epidemic)

- (p) 607-778-6119
- Pairs addicts with out-of-area treatment facilities. In some cases, the program links addicts with low- to no-cost treatments.
- Must be a Broome County resident.
- Addicts must be willing to enter long-term treatment outside of New York.
- The Program will not accept sex offenders, those with active arrest warrants, or defendants currently enrolled in Binghamton Drug Treatment Court.

Pill drop off locations:

- Broome County Sheriff's Office

- 155 Lt. Van Winkle Drive, Binghamton NY 13905
- M-F 7am – 5pm
- Broome County Public Library
 - 185 Court Street, Binghamton NY 13901
 - M-F 9am – 5pm

Southern Tier AIDS Program (STAP)

- (p) 607-798-1706
- 275-277 Main St, Johnson City
- Syringe exchange program 607-237-0497 ext 209
 - Monday and Friday 11 am – 5 pm
 - Tuesday and Thursday 1 pm – 5 pm
- Narcan (Naloxone) training

Binghamton Rescue Mission

- (p) 607-201-1030
- 55-58 Whitney Ave, Binghamton

- 32 bed sober living environment – adult males only
- Not a treatment facility

Salvation Army

- (p) 607-723-5381 ext 320
- 3-9 Girswold St., Binghamton
- 65 beds – rehabilitation program for adult males. They do not have a detox center or medical staff on site.
- Must be drug and alcohol free for 48 hours to be admitted.
- Cannot serve individuals with severe mental disorders or a record of being a pedophile.
- Length of stay – up to 7 months
- Cost to stay is dependent on the persons income, but individuals with no income are not turned away
- Salvation Army in Syracuse and Rochester offer services for women

YMCA of Broome County

- Housing Office: 607-772-0560 ext 336
- Case Manager: 607-772-0560 ext 338
- Emergency and transitional housing to men over 18

- Rental rates: weekly \$88; monthly \$375
- Not a treatment facility

YWCA of Broome County

- Emergency Housing
 - Homeless women and their dependent children for up to 21 days
 - Focus on stabilizing women in crisis
 - Payment through DSS or private pay of \$25/night
 - (p) 607-772-0340 ext. 235, 223, or 241
- Intensive Independent Living Program
 - Permanent supportive housing program for women aged 18 – 29 and their dependent children
 - Provides case management and counseling with a Masters level counselor
 - 7 month minimum commitment required
 - Rent is either DSS funded or 30% of gross income
 - (p) 607-772-0340 ext 232
- Shelter Plus care Program

- Permanent supportive housing program with case management and counseling – must be referred by a case manager
- Rent: program receives a subsidy from US Dept of Housing and Urban Development for partial rent, resident is responsible for the other portion through DSS or private pay
- (p) 607-772-0340 ext 223

- Bridge Program
 - 8 apartments for women with opioid addictions that have recently given birth
 - 7 month minimum stay, maximum 18 month
 - A phone number for this program is not available at this time

- 80 Hawley St, Binghamton

Our Lady of Lourdes Hospital

- Student Assistance Program – school based prevention program (in 4 school districts)
 - (p) 607-584-4500

- Death After Overdose Recovery and Support (DORS) – support group for those who have lost a loved one due to opioid overdose.
 - (p) 607-584-9160

- Registration is required – 6 week long program
- Meetings: Thursdays 5:00 pm – 6:30 pm

Children's Home – Specialized Adolescent Treatment Program

- (p) 607-772-6907 or 1-800-772-6904
- Counseling and treatment program expected to open January 3rd (not on web site as of January 12th)
- Treatment for 8 boys aged 13-18 – counseling and treatment provided from ACBC

Narcotics Anonymous – Triple Cities Area of NA

- (p) 607-762-9116
- List of meetings: <http://www.tcana.net/wp-content/uploads/2016/09/NA-revised-1.pdf>

Families Anonymous

- Find a meeting:
<http://www.familiesanonymous.org/index.php?route=information/information&information>
- Father Sullivan Parish Center

- (p) 607-761-6970
- BinghamtonFAHealingChapter@gmail.com
- 25 Doubleday St, Binghamton
- Meetings: Mondays at 1:00 pm
- St. Paul's Episcopal Church
 - (p) 607-341-2747
 - 200 Jefferson Ave, Endicott
 - Meetings: Saturdays at 10:00 am and Wednesdays at 7:00 pm

Broome County Mental Health Department

- Chemical Dependency Services Unit
 - Only available through a referral by the Department of Social Services
 - (p) 607-778-1253
 - 36-42 Main St, Binghamton
 - Provides assessments and case management for temporary assistance applicants who are in need of chemical dependency services.
- Dual Recovery Project
 - (p) 607-778-1162

- Works with ACBC for individuals with mental health and substance abuse disorders –
Not a lot of information available on this program
- ABLE Program- Re-entry program
 - (p) 607-778-1364
 - Assists men and women in meeting the challenges they face when released from prison. Helps with housing, education, jobs, stress and getting assistance for substance abuse.

Binghamton Adult Drug Treatment Court

- (p) 607-772-7254
- Drug Court Coordinator: Kimberly Newell: knewell@nycourts.gov
- Provides nonviolent offenders addicted to drugs with the opportunity to participate in substance abuse treatment under judicial supervision.

Broome Opioid Abuse Council

- (p) 607-778-2958
- Public/Private group focused on developing solutions to the increase of prescription drug and heroin abuse in the area

Chenango County

Chenango County Behavioral Services Out Patient Clinic

- (p) 607-337-1680
- 5 Court Street, Suite 42, Norwich

The Eaton Center – syringe exchange program

- (p) 607-227-8159
- 19 Eaton Ave, first floor, Norwich
- Tuesdays 10:30 am – 3:30 pm

Delaware County

Delaware County Alcohol and Drug Services Outpatient Clinic

- (p) 607-832-5890
- 34570 State Highway 10, Human Resources Building Suite 5 Floor 1, Hamden NY 13782

- Provides assessment, referrals, addiction education, individual treatment, family treatment, after care, and specialized groups

UHS Delaware Valley Hospital

- (p) 607-865-2100
- 1 Titus Place, Walton
- Inpatient Addiction Program – varying lengths of stay, treatment planning, group and individual therapy, AA/NA meetings, Family support and education programs, transportation is provided.
- Accepts most insurances, Medicaid, Medicare, family health plus and self-pay patients.

Friends of Recovery – Delaware and Otsego Counties

- (p) 607-267-4435
- 22 Elm St, Oneonta NY 13820
- M-F 9am – 4:30pm, Saturday and Sunday 11am – 1pm
- Turning Point
 - Provides support groups, information support, resource connection and life skills to help with recovery and to prevent relapse
- Club Odyssey

- Program for young adults 18-21 who live substance free – either after recovery or for those who have never been addicted

Alcohol and Drug Abuse Council, Delaware County

- (p) 607-746-8300
- 72 Main Street, Delhi NY 13753
- Provides education, information and referral services

Tioga County

Tioga County Department of Mental Hygiene Outpatient Clinic

- (p) 607-687-4000 or 1-877-882-8313
- 1062 State Route 38, Owego NY 13827
- Monday and Friday 9-5; Tuesday – Thursday 9-8
- Services offered:
 - Comprehensive Substance Evaluation
 - DWI Evaluations
 - Forensic Assessments

- Intensified Outpatient Groups
- Relapse Prevention Group
- Transition Group
- Beginning Treatment Group
- Adolescent Group
- MICA Treatment

Meetings Locators

- Alcoholics Anonymous Meeting Locator: <http://www.ny-aa.org>
- Narcotics Anonymous Meeting Locator: <http://www.naws.org/meetingsearch/>
- Al-Anon Meeting Locator: http://www.nynafg.com/meeting_information.html
- Al-Anon Family Group Website: <http://www.al-anon.org/al-anon-in-new-york>
- Alcoholics Anonymous Website: <http://www.aa.org/?Media=PlayFlash>
- Narcotics Anonymous Website: <http://www.na.org/index.php>

Recent Legislation

Bi-partisan heroin reforms: <https://www.governor.ny.gov/news/governor-cuomo-and-legislative-leaders-announce-agreement-combat-heroin-and-opioid-abuse-new>