



NEW YORK STATE SENATOR

Fred Akshar

## Heroin Treatment Resources in the 52nd Senate District

FRED AKSHAR March 27, 2019

| ISSUE: **COMBAT HEROIN AND OPIOID ADDICTION**



## Statewide & Regional Resources

### New York State Office of Alcohol Substance Abuse Services (OASAS)

- HOPEline – 24 Hours

- (p) 1-877-846-7369
- HOPEline services include:
  - Masters level clinicians who are professional, well-trained and knowledgeable
  - Crisis and motivational interviewing for callers in need
  - Referrals to more than 1,500 local prevention and treatment providers
  - 48 hours call back to those who wish to be contacted
  - Multi-lingual
  - Informational materials
- Portal to find available treatment facilities:
  - <https://findaddictiontreatment.ny.gov>
- Other OASAS HOPE services: <https://www.oasas.ny.gov/accesshelp/index.cfm>

## **Susquehanna River Region 2-1-1 (serving Broome, Chenango, Delaware, Otsego and Tioga Counties)**

- 2-1-1 (within the 607 area code)
- 1-800-901-2180
- <http://www.helpme211.org/>
- Provides assistance with a variety of needs including housing, food, clothes, mental health issues, substance abuse, consumer assistance, utilities, etc.

# **Broome County**

## **Addiction Center of Broome County (ACBC)**

- Services offered:
  - Outpatient Services
  - Group and Individual Treatment
  - Family Navigator to help guide addicts and their families to treatment and services.
  
- (p) 607-723-7308 ext 0
- (f) 607-724-4626
- Hotline: 1-877-846-7369
- ACBC's Family Navigator, Jill Lloyd
  - (607) 723-7308 Ext. 101 or Jilllloyd@stny.rr.com

## **City of Binghamton Special Investigations Task Force - Anonymous Drug Tip Line**

- 607-778-FYI1 (3941)

## **Sheriff's Assisted Recovery Initiative**

- (p) 607-778-1911 ext 1
- People looking for help with their addiction can contact the Sheriff's Office and they will provide transport to the Addiction Crisis Center on Court Street or UHS Hospital.
- Program is available 24 hours a day, 7 days a week

## **Fairview Recovery Services**

- (p) 607-722-8987
- Addictions Crisis Center
  - (p) 607-722-4080
  - 247 Court Street, Binghamton
  - 24 hour/7 days a week help
  - 18 beds serving both men and women, 18 and over
  - Length of stay 1-14 days
- Fairview Community Residence and Merrick Community Residence
  - (p) 607-722-8987
  - 5 Merrick St, Binghamton

- 36 beds serving men and women over 18 in the early stages of recovery
- Length of stay: 3-6 months
  
- Supportive Living: Women and Children
  - (p) 607-722-8987
  - 5 Merrick St, Binghamton
  - 11 beds serving women over 18 who have completed Community Residence level of care, and their children
  
- Supportive Living: Men
  - (p) 607-722-8987
  - 5 Merrick St, Binghamton
  - 30 beds serving men over 18 who have completed Community Residence level of care
  
- Shelter Plus Care
  - (p) 607-722-8987
  - 5 Merrick St, Binghamton

- 25 apartments for employed or employable men and women, formerly homeless, with a history of substance use, and their families
  
- Housing Plus Care
  - (p) 607-722-8987
  - 5 Merrick St, Binghamton
  - 8 apartments for single adults over the age of 18 with a history of substance abuse
  
- Supportive Services: Career Choices Unlimited
  - (p) 607-722-8987
  - 5 Merrick St, Binghamton
  - Career services for males and females over 18 with barriers to employment due to a history of substance abuse

## **UHS/New Horizons**

- (p) 607-762-3288 or 607-762-3232 during business hours (7am – 4pm) – schedule an assessment or discuss treatment services

- Inpatient Assessment and Residential Treatment at Binghamton General
  - (p) 607-762-2255 Inpatient Rehab
  - Varying length of stay averaging 14-28 days
  
- Services:
  - Assessment – prompt and confidential assessment services to assist in determining the presence or severity of abuse/dependence. Recommendations and referrals to the appropriate level of care.
  - 24 Hour Emergency Crisis Intervention
    - **Drug Abuse Crisis Line - 24 Hours**
    - (p) 607-762-2257
  - Outpatient Treatment
  - Family Programs
  
- Medication Assisted Treatment
  - Methadone Clinic – Southern Tier Drug Abuse Treatment Center
    - (p) 607-762-2800

- 10 Mitchell Ave, Binghamton
- Suboxone (Buprenorphine) – New Horizons
  - (p) 607-762-3232
  - 40 Mitchell Ave, Binghamton

## **Broome District Attorney's Operation SAFE (Saving Addicts From Epidemic)**

- (p) 607-778-6119
- Pairs addicts with out-of-area treatment facilities. In some cases, the program links addicts with low- to no-cost treatments.
- Must be a Broome County resident.
- Addicts must be willing to enter long-term treatment outside of New York.
- The Program will not accept sex offenders, those with active arrest warrants, or defendants currently enrolled in Binghamton Drug Treatment Court.

### **Pill drop off locations:**

- Broome County Sheriff's Office



- 155 Lt. Van Winkle Drive, Binghamton NY 13905
- M-F 7am – 5pm
- Broome County Public Library
  - 185 Court Street, Binghamton NY 13901
  - M-F 9am – 5pm

## **Southern Tier AIDS Program (STAP)**

- (p) 607-798-1706
- 275-277 Main St, Johnson City
- Syringe exchange program 607-237-0497 ext 209
  - Monday and Friday 11 am – 5 pm
  - Tuesday and Thursday 1 pm – 5 pm
- Narcan (Naloxone) training

## **Binghamton Rescue Mission**

- (p) 607-201-1030
- 55-58 Whitney Ave, Binghamton

- 32 bed sober living environment – adult males only
- Not a treatment facility

## **Salvation Army**

- (p) 607-723-5381 ext 320
- 3-9 Girswold St., Binghamton
- 65 beds – rehabilitation program for adult males. They do not have a detox center or medical staff on site.
- Must be drug and alcohol free for 48 hours to be admitted.
- Cannot serve individuals with severe mental disorders or a record of being a pedophile.
- Length of stay – up to 7 months
- Cost to stay is dependent on the persons income, but individuals with no income are not turned away
- Salvation Army in Syracuse and Rochester offer services for women

## **YMCA of Broome County**

- Housing Office: 607-772-0560 ext 336
- Case Manager: 607-772-0560 ext 338
- Emergency and transitional housing to men over 18

- Rental rates: weekly \$88; monthly \$375
- Not a treatment facility

## **YWCA of Broome County**

- Emergency Housing
  - Homeless women and their dependent children for up to 21 days
  - Focus on stabilizing women in crisis
  - Payment through DSS or private pay of \$25/night
  - (p) 607-772-0340 ext. 235, 223, or 241
- Intensive Independent Living Program
  - Permanent supportive housing program for women aged 18 – 29 and their dependent children
  - Provides case management and counseling with a Masters level counselor
  - 7 month minimum commitment required
  - Rent is either DSS funded or 30% of gross income
  - (p) 607-772-0340 ext 232
- Shelter Plus care Program

- Permanent supportive housing program with case management and counseling – must be referred by a case manager
- Rent: program receives a subsidy from US Dept of Housing and Urban Development for partial rent, resident is responsible for the other portion through DSS or private pay
- (p) 607-772-0340 ext 223
  
- Bridge Program
  - 8 apartments for women with opioid addictions that have recently given birth
  - 7 month minimum stay, maximum 18 month
  - A phone number for this program is not available at this time
  
- 80 Hawley St, Binghamton

## **Our Lady of Lourdes Hospital**

- Student Assistance Program – school based prevention program (in 4 school districts)
  - (p) 607-584-4500
  
- Death After Overdose Recovery and Support (DORS) – support group for those who have lost a loved one due to opioid overdose.
  - (p) 607-584-9160

- Registration is required – 6 week long program
- Meetings: Thursdays 5:00 pm – 6:30 pm

## **Children’s Home – Specialized Adolescent Treatment Program**

- (p) 607-772-6907 or 1-800-772-6904
- Counseling and treatment program expected to open January 3rd (not on web site as of January 12th)
- Treatment for 8 boys aged 13-18 – counseling and treatment provided from ACBC

## **Narcotics Anonymous – Triple Cities Area of NA**

- (p) 607-762-9116
- List of meetings: <http://www.tcana.net/wp-content/uploads/2016/09/NA-revised-1.pdf>

## **Families Anonymous**

- Find a meeting:  
<http://www.familiesanonymous.org/index.php?route=information/information&information>
- Father Sullivan Parish Center

- (p) 607-761-6970
- BinghamtonFAHealingChapter@gmail.com
- 25 Doubleday St, Binghamton
- Meetings: Mondays at 1:00 pm
  
- St. Paul's Episcopal Church
  - (p) 607-341-2747
  - 200 Jefferson Ave, Endicott
  - Meetings: Saturdays at 10:00 am and Wednesdays at 7:00 pm

## **Broome County Mental Health Department**

- Chemical Dependency Services Unit
  - Only available through a referral by the Department of Social Services
  - (p) 607-778-1253
  - 36-42 Main St, Binghamton
  - Provides assessments and case management for temporary assistance applicants who are in need of chemical dependency services.
  
- Dual Recovery Project
  - (p) 607-778-1162

- Works with ACBC for individuals with mental health and substance abuse disorders –  
Not a lot of information available on this program
- ABLE Program- Re-entry program
  - (p) 607-778-1364
  - Assists men and women in meeting the challenges they face when released from prison. Helps with housing, education, jobs, stress and getting assistance for substance abuse.

## **Binghamton Adult Drug Treatment Court**

- (p) 607-772-7254
- Drug Court Coordinator: Kimberly Newell: [knewell@nycourts.gov](mailto:knewell@nycourts.gov)
- Provides nonviolent offenders addicted to drugs with the opportunity to participate in substance abuse treatment under judicial supervision.

## **Broome Opioid Abuse Council**

- (p) 607-778-2958
- Public/Private group focused on developing solutions to the increase of prescription drug and heroin abuse in the area

## **Chenango County**

### **Chenango County Behavioral Services Out Patient Clinic**

- (p) 607-337-1680
- 5 Court Street, Suite 42, Norwich

### **The Eaton Center – syringe exchange program**

- (p) 607-227-8159
- 19 Eaton Ave, first floor, Norwich
- Tuesdays 10:30 am – 3:30 pm

## **Delaware County**

### **Delaware County Alcohol and Drug Services Outpatient Clinic**

- (p) 607-832-5890
- 34570 State Highway 10, Human Resources Building Suite 5 Floor 1, Hamden NY 13782



- Provides assessment, referrals, addiction education, individual treatment, family treatment, after care, and specialized groups

## **UHS Delaware Valley Hospital**

- (p) 607-865-2100
- 1 Titus Place, Walton
- Inpatient Addiction Program – varying lengths of stay, treatment planning, group and individual therapy, AA/NA meetings, Family support and education programs, transportation is provided.
- Accepts most insurances, Medicaid, Medicare, family health plus and self-pay patients.

## **Friends of Recovery – Delaware and Otsego Counties**

- (p) 607-267-4435
- 22 Elm St, Oneonta NY 13820
- M-F 9am – 4:30pm, Saturday and Sunday 11am – 1pm
- Turning Point
  - Provides support groups, information support, resource connection and life skills to help with recovery and to prevent relapse
- Club Odyssey

- Program for young adults 18-21 who live substance free – either after recovery or for those who have never been addicted

## **Alcohol and Drug Abuse Council, Delaware County**

- (p) 607-746-8300
- 72 Main Street, Delhi NY 13753
- Provides education, information and referral services

## **Tioga County**

### **Tioga County Department of Mental Hygiene Outpatient Clinic**

- (p) 607-687-4000 or 1-877-882-8313
- 1062 State Route 38, Owego NY 13827
- Monday and Friday 9-5; Tuesday – Thursday 9-8
- Services offered:
  - Comprehensive Substance Evaluation
  - DWI Evaluations
  - Forensic Assessments

- Intensified Outpatient Groups
- Relapse Prevention Group
- Transition Group
- Beginning Treatment Group
- Adolescent Group
- MICA Treatment

## Meetings Locators

- Alcoholics Anonymous Meeting Locator: <http://www.ny-aa.org>
- Narcotics Anonymous Meeting Locator: <http://www.naws.org/meetingsearch/>
- Al-Anon Meeting Locator: [http://www.nynafg.com/meeting\\_information.html](http://www.nynafg.com/meeting_information.html)
- Al-Anon Family Group Website: <http://www.al-anon.org/al-anon-in-new-york>
- Alcoholics Anonymous Website: <http://www.aa.org/?Media=PlayFlash>
- Narcotics Anonymous Website: <http://www.na.org/index.php>

## Recent Legislation

Bi-partisan heroin reforms: <https://www.governor.ny.gov/news/governor-cuomo-and-legislative-leaders-announce-agreement-combat-heroin-and-opioid-abuse-new>