



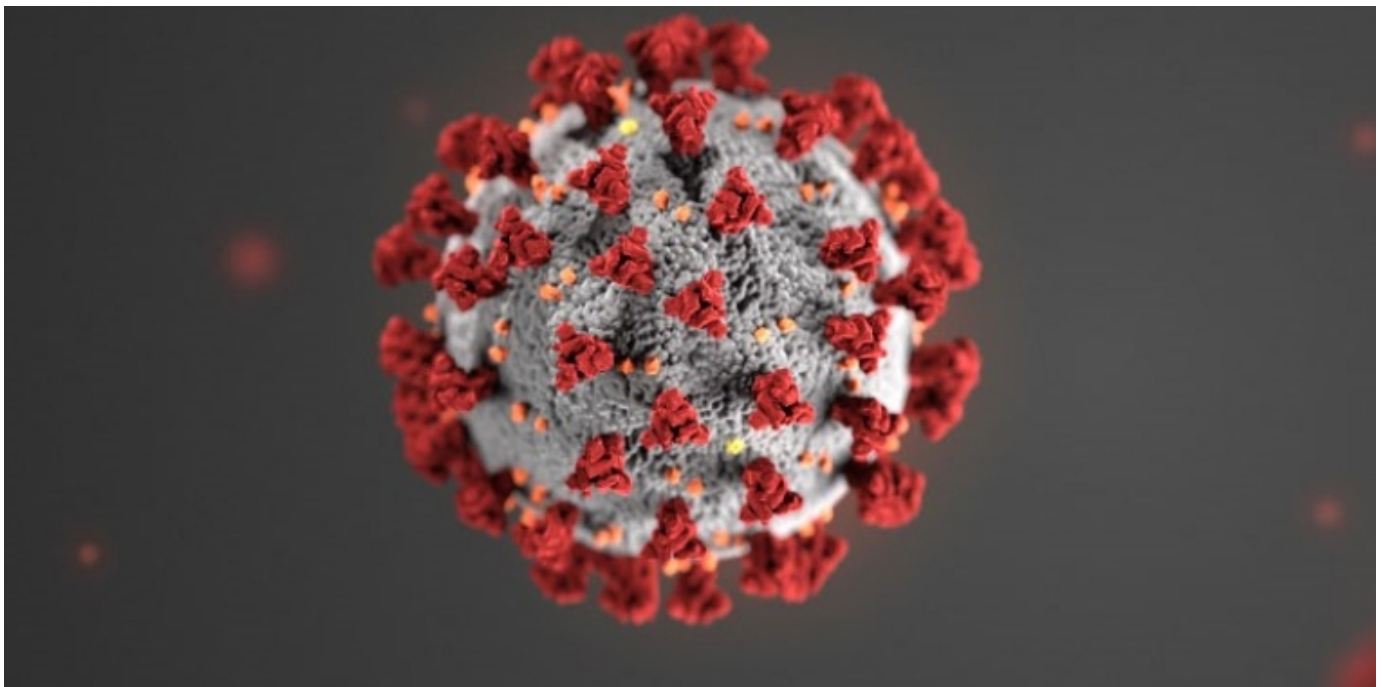
NEW YORK STATE SENATOR

John J. Flanagan

## Coronavirus Information Page

JOHN J. FLANAGAN March 4, 2020

| ISSUE: **CORONAVIRUS, PUBLIC HEALTH, CENTERS FOR DISEASE CONTROL, NEW YORK STATE DEPARTMENT OF HEALTH**



**The coronavirus is impacting people worldwide – but with that comes a lot of misinformation that could lead to unnecessary fear and panic. While there is reason to be cautious and vigilant, health care and elected officials have repeatedly stated that the public should remain calm and follow advice from reputable sources.**

**This situation is being handled by experts working together at the state and federal level and that cooperative effort will ensure that our residents’ needs and concerns are met in a timely fashion.**

**To keep our community up-to-date on the ongoing coronavirus situation and to provide everyone with access to the most reliable information, my office has established this informational website**

page that contains important links and tips.

We hope everyone stays vigilant and takes the necessary steps to protect themselves, their families and the public.

Thank you.

Sincerely,

John Flanagan

\*\*\*\*\*

**March 20, 2020 - Governor Cuomo Signs the 'New York State on PAUSE' Executive Order  
Guidance From New York State Regarding Essential Services Under The 'New York State on  
PAUSE' Executive Order**

**Information From New York State Department Of Labor On Unemployment Insurance**

**Important Information From New York State Department Of Motor Vehicles**

**Sign Up Here For Coronavirus Updates From New York State**

**Important Information on the Coronavirus from the New York State Department of Health**

### **Coronavirus Symptoms**

The 2019 novel coronavirus may cause mild to severe respiratory symptoms like:

- cough
- fever
- trouble breathing and
- pneumonia

Centers for Disease Control believes at this time that symptoms may appear in as few as 2 days or as long as 14 days after exposure to the virus.

## **How Does Novel Coronavirus Spread?**

Most of the early reported cases had contact with a seafood and live animal market, suggesting an animal source of the outbreak. However, most cases are now likely to be spread from person to person by droplets when coughing. Since this virus is very new, health authorities continue to carefully watch how this virus spreads.

### **Prevention**

While there is currently no vaccine to prevent this virus, these simple steps can help stop the spread of this and other respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

### **IMPORTANT LINKS:**

**[Centers for Disease Control – Coronavirus Page](#)**

**[CDC - Household Planning Tips](#)**

**CDC - Preventing COVID-19 Spread in Communities**

**CDC – Coronavirus Disease 2019 Information for Travel**

**CDC - Travel: Frequently Asked Questions and Answers**

**New York State Department of Health Coronavirus Information Page**

**Suffolk County Department of Health Coronavirus Information Page**

**American Red Cross Coronavirus Safety Tips**

**World Health Organization Advice for Public**

**World Health Organization Provides Tips To Handle Mental Health Toll**

**National Public Radio: Got Coronavirus Anxiety?**