



NEW YORK STATE SENATOR

Simcha Felder

## Felder: Coronavirus Questions? We Can Help

SIMCHA FELDER | March 11, 2020

| ISSUE: **COVID-19, CORONAVIRUS**



“Your federal, state and local officials are all working together closely to protect the health and well-being of all New Yorkers. As this situation evolves and recommendations continue to be updated, I urge everyone seeking information to utilize the following resources to obtain direct information and expert answers to all your questions,” said Senator Felder.

- **Online: Visit [www.NY.Gov/Coronavirus](http://www.NY.Gov/Coronavirus)**

- New York State's dedicated website providing regularly updated information and guidance to individuals, professionals and facilities
- **Phone: Call the 24 Hour Coronavirus Hotline 1-888-364-3065**
- NYS Department of Health experts are available to answer all your coronavirus related questions

"The fear and worry generated by Coronavirus appear to be spreading more quickly than the virus itself. It is easier to stay calm when we have a direct line to the information we need," said Senator Felder.

Everyone should do their part to help prevent spreading the virus by taking the appropriate precautions, just as they should to protect themselves against other viruses. Current guidance on the everyday preventive actions you can take include:

- Wash your hands often and for at least 20 seconds. When soap and water are not available, use an alcohol-based hand sanitizer
- Avoid Handshaking
- Avoid overcrowded, tight spaces and consider postponing large gatherings
- Employers are encouraged to consider options like tele-commuting, flex-time or staggered arrival with employees
- Cover your cough or sneeze with a tissue and throw the tissue in the trash
- Avoid touching your eyes, nose and mouth with unwashed hands
- Clean and disinfect frequently touched objects and surfaces regularly

- Call ahead to your healthcare provider before presenting for treatment if you are experiencing symptoms including cough, sore throat, and fever