

## 2023-J150

Senate Resolution No. 150

BY: Senator PARKER

MEMORIALIZING Governor Kathy Hochul to proclaim  
May 2023, as Healthy Vision Month in the State of  
New York

WHEREAS, It is the custom of this Legislative Body to recognize  
official months that are set aside to increase awareness of health  
issues that affect the lives of citizens of New York State; and

WHEREAS, Attendant to such concern, and in full accord with its  
long-standing traditions, this Legislative Body is justly proud to  
memorialize Governor Kathy Hochul to proclaim May 2023, as Healthy  
Vision Month in the State of New York, in conjunction with the  
observance of National Healthy Vision Month; and

WHEREAS, From the moment you wake up until you go to bed at night,  
your eyes are working to deliver 80% of the information you take in  
every day, about your loved ones, your job, and all the things you love  
to see and do; it is important to keep your eyes healthy and safe; and

WHEREAS, May of each year is Healthy Vision Month, a national eye  
health observance established by the National Eye Institute (NEI) in  
2003; NEI is one of the National Institutes of Health, an agency of the  
United States Department of Health and Human Services; and

WHEREAS, National Healthy Vision Month was designed to raise

awareness of vision as a health issue for all Americans; millions of citizens have undetected vision problems, eye diseases, and conditions; and

WHEREAS, When it comes to your vision, you may not realize you could see better with glasses or contacts, and many serious eye diseases do not have any warning signs; however, most vision problems are preventable; and

WHEREAS, Each and every person should have a comprehensive dilated eye exam, the first step in maintaining eye health and preserving your sight; and

WHEREAS, In addition, to getting an eye exam, these tips will help keep your eyes healthy and safe: know your family's eye health history; protect your eyes, at work and play; give your eyes a rest; wear sunglasses, even on cloudy days; eat eye-healthy foods; stay at a healthy weight; and get plenty of physical activity; and

WHEREAS, It is imperative that there be greater public awareness of this issue and more must be done to improve vision health for all New Yorkers and those affected by such vision health issues; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim May 2023, as Healthy Vision Month in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.