## I Am Thankful For Hockey

I am thankful for hockey and that I get to play. If I don't play I won't be as healthy. I like to play hockey because it is fun and I get to play with friends. I also learn a lot of stuff from hockey.

Hockey also improves my mental and physical health. Hockey improves mental health because it relieves stress and improves sleep. Hockey also allows you to work together better and to get along with people.

Another thing hockey teaches you is how to play together. It teaches you not to be a sore loser. It also teaches you to have a good attitude. I'm thankful for hockey because I traveled to a lot of places.

I am thankful for hockey because I get to meet a lot of people. It also pushes me to be a better player. I'm also thankful for hockey because not a lot of kids get to play hockey. I'm also thankful that my friends do it with me.

That is why I am thankful for hockey.

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