

# Thankful !!

November is a month when we celebrate and reflect on the things we are thankful for. There are many things in my life that fill me with gratitude. These are: my dogs, my family, Allyson (my best friend). These are three things that make me appreciate my life and my abilities.

I am thankful for my family because they make me feel safe and happy. A special memory I have with them is when we all went to Miami Florida and had a good time.