"Feeling or showing thanks because someone has done something kind for you or has done as you asked," is the definition of the word grateful, according to the Oxford English Dictionary. Being grateful can be represented in various ways. When I get asked the question, "What are you grateful for," I immediately envision my family, my existence, and my welfare.

To commence, the morning sun, a bubbling ball of fire and gas, brought us life. My mother and my father brought me a life, one I cannot express in words because it is a life I genuinely appreciate. From the high mountains of Bombardopolis, Haiti and the beautiful waters of Côte-de-fer, Haiti, where my mother and my father were born to here now in the United States. They gave me a world that they themselves did not have the opportunity to experience. I strive to provide them an eternity of happiness, which essentially would not be enough because they gave me something greater than eternity, they gave me love and support throughout my entire life.

What does it mean to exist? To exist is to have life. It is to be known, it is to learn, and to grow. My existence is meaningful to me and to those around me. One's existence also influences those around them. I am grateful for my existence, my impact, and my future legacy. I am an older sister, without me who else would be her guide? I am a daughter, without me who else would be there for my parents? I am a plethora of things and will continue to be so!

Furthermore, when I am sick, I go to the hospital, when I am tired, I rest. That is a great privilege, one that some people do not realize. We hold on tightly to things that are temporary such as our shoes, our phones, and our clothes. What about other things such as our hobbies, our feelings, our families, our friends, and many more things. Our welfare is just as important, if not more important than our materialistic objects.

Gratefulness is an important trait to have, without it we would not appreciate the things we have. Sometimes we are not as appreciative of things as we should be, but that only leaves room for improvement. My family, my existence, and my welfare are all a part of who I am today! For that, I am forever grateful.