

Thanksgiving essay

People have many things that they are grateful for. Some have qualities that others want, and others have qualities that they actively work on. However, people value different things and live different lives. Hence, they are grateful for different things, and this changes how they view things. Two qualities I am grateful for are being serene and nurturing.

Being serene is a quality I am thankful for. I am thankful for this quality because it helps me deal with problems in a calmer, more mature way. Two or three years ago, I had an argument with my dad. However, instead of being dramatic, I argued my point and pointed out his in a calm manner. I am thankful for this experience because I could place some-what boundaries and tell him “I’m not happy” without yelling or exaggerating anything. Furthermore, this gave me more confidence when it came to enforcing my boundaries.

I am thankful for being nurturing because it helps others feel safe and comfortable. Whenever my friends are hungry, I give them some of my food if I have any. If they have a quiz, I will encourage them the best I can. For my friends I cannot see, I ask how their day is or if they have eaten anything. Also, this helps me gain the trust of my friends to where if they can tell me something deep. They know I will be there for them. I am thankful for this quality because it makes others know I am here for them, and it makes others feel safe.

Two qualities I am thankful for are being nurturing and serene. This is because I can handle situations more maturely and give people a sense of safeness and comfort. There are many things that people are grateful for. What are you grateful for?