

What Am I Thankful For?

What does it mean to be grateful? To me, being grateful is an appreciation of another's kindness. However, you don't only have to be grateful for the actions of others. You can also be grateful for your personal qualities. Two personal qualities that I am most thankful for are my voice and my resilience.

I am very thankful for my voice because it has benefited me throughout my entire life. Growing up, I was always told to be quiet. "Kids should be seen, not heard" and "Speak when you are spoken to" were comments that I have heard for as long as I can remember. However, I never let any of these comments stop me from speaking. I always had something to say and would never let anyone's words take me down. Now that I am older, I am grateful for having such a strong voice. First, I am never afraid to stand up for myself, or when something is wrong. Whenever I see something wrong, I am always the first person to go and make sure the person knows they made a mistake. Also, I am not afraid to speak to new people. This is especially beneficial in school, when making new friends. Overall, I am especially thankful for my voice because it made me the person I am today. My voice also gave me my strong character and attitude, and it also made me resilient.

I am extremely thankful for being resilient because it helps me bounce back from negative situations. When I was younger, I used to get bullied. Kids would always have something to say about my hair, face, skin, and body. This endless taunting went on for years. However, every time someone had a comment to tell me, I always had something to say back. I never let any of their words affect me, because I knew that I was strong enough to handle it. Now that I am older, I am extremely thankful for my resilience, because it allows me to not let little things affect me. When I have a difficult day at school, I move on because I know that there will be better days ahead. Also, when I get bad news, I know how to handle my emotions, and not spiral out of control. Essentially, I am very grateful for being resilient, even though it was very difficult to become it.

In conclusion, two personal qualities that I am most grateful for are my voice and my resilience. Being grateful is something very important, because it shows you and others gratitude. What are you grateful for?