Mariavictoria Pena Cortez Nov/3/23

Ms. Gordon School 16

***My qualities that I am grateful for having is being …***

***Honestly,*** because it allows you to understand your needs and it helps develop good development, good attributes like kindness, discipline, truthfulness, moral integrity and more.

***Brave***, because it gives the ability to put aside your fear or your failure and take the first steps.

***Leadership,*** because it provides guidance, inspiration, and motivation when achieving goals

***Empathy,*** because it helps see things from another person's perspective, sympathize with their emotions, and build stronger relationships

***Good painter*** because it can bring others happiness, by sharing their mindset or opinions with the viewers,

***Responsible***, because it helps builds confidence on myself, in making decisions, taking credit for them,

***Flexible,*** as it helps your body physically, like posture, maintains appropriate muscle length and balance and decreases injury risk.

***Respectful ,*** because it builds feelings of trust, safety, and wellbeing