The qualities that I have that I am thankful for are my confidence and my compassion. I am 10 years old and as I am maturing, I realize how special these qualities are and how they have been helping me so much, especially this year.

This year my big sister started High School and I am now in grammar school on my own. I was so sad and scared the first day of school without my sister Olivia by my side, but I knew I would be ok because I have confidence and believe that I can do hard things. I am doing great and even learned to take the bus on my own. My confidence has also helped me to meet new friends and try new skills in cheerleading. It has helped me do better on my schoolwork, become more involved in class and join afterschool clubs. I have been taught that confidence is not about thinking I am the best. It is about believing in myself and knowing that there is no such thing as being perfect. It is about doing the best that I can because I know I can.

There are many things that helped boost my confidence like doing well on tests and being rewarded the dolphin at cheer practice. Confidence is great but compassion also is a big part of who I am. I have a lot of compassion for people that are learning new skills and trying hard to get good grades because I know it is hard to do and takes a lot of work. I have compassion for kids that are sitting alone and looking for a friend. I like to be that friend that makes them feel special. I have compassion for people that need help and don’t feel well. I like to help and take care of them. My dad is a Police Officer, and he helps people every day. It doesn’t look easy, but he does it with a smile and never complains. I am pretty sure this is why confidence and compassion mean so much me and I am thankful they are a part me.

Written by Sophia Patton

Our Lady Star of the Sea

Grade 5-2