

Zamaiah Vessy

Trinity School-Grade 5

### Qualities I'm Thankful For

Hi my name is Zamiah and I'm writing what I'm thankful for. The qualities I'm thankful for are my kindness and my flexibility. An example of my kindness is when Mrs. Barrett forgot to give Emily another ticket, I gave her my ticket. When I told Usman he said, "Where is my ticket?" I said, "I'll give you one when I earn another one." I try to do kind things for people everyday.

I am flexible because I can do a bridge and a backbend. I can also do a cartwheel and a one-handed cartwheel. I also can do a handstand for 1 minute (on a wall). I'm so close to my split, just 2 more inches. I can do a roundoff and a high kick. I can do a needle. Finally, I can do a leg hold. I am thankful for being so flexible because it allows me to do gymnastics.